

# LOWER VALLEY Friday Flyer

[LV Blog](#) and [LV Friday Flyer](#) covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

## LV Friday Flyer – 05 August 2022

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The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley. We hope you will find this informative and useful. **Let us know what you think!**



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## Latest News

### Join the Foundation Club Membership Monthly Event August 31

Join the Calderdale business community to find out more about the Foundation Club at this monthly membership event. We are planning on having monthly events to bring people together and connect and will move venue each month to spread the events throughout the borough. [Attend event](#)

### easyfundraising webinar: Free Funding for Voluntary Organisations

easyfundraising provides voluntary organisations with an easy, accessible, and permanent fundraising solution. It is a completely free service and is already used by 180,000 good causes around the UK. Come along to this online session to find out how! [Booking details](#)

### The Space @ Field Lane community cafe summertime offer and other activities

Happy School Holidays! The Community Cafe of The Space @ Field Lane is offering a free meal to a child accompanied by an adult buying a meal during school holidays. And that's not all! [Find out what goes on](#)

### Second round of CFFC General Grants for community groups

The Community Foundation for Calderdale (CFFC) have launched their second round of general grants for organisations and community groups to apply for up to £5,000 to make a difference in Calderdale. [More information](#)

### Children's Meditation Course at The Outback Community Garden August 14th

A one-day course in Anapana Meditation for 8 – 15 year olds is coming up at The Outback Community Garden during the summer holidays. Meditation can help improve focus and concentration, help with making good decisions, manage stress and emotions and provide a tool for life to help live more happily and peacefully. [Click to book](#)

### Seated Exercise at Hipperholme Christ Church every Tuesday

Active Rainbow come to Hipperholme Christ Church every Tuesday morning to offer seated exercise sessions! This is a very friendly class and we always finish off the session with a chat and cuppa. Everyone welcome! [More details](#)

## **Event to Help Calderdale People on Your Employment or Learning Journey**

Local Charity Halifax Opportunities Trust to Host Employment and Careers Event to Unlock Opportunities and Connect Employers with Potential Candidates. Whether it's unemployed people seeking employment opportunities, young people or school leavers or those currently in employment, the Trust showcases opportunities in a range of industries, areas and roles. [Full story](#)

## **Cromwell Bottom Nature Reserve Free Open Day August 6th**

Don't forget the Free Open Day at the Cromwell Bottom Nature Reserve this Saturday 6th of August from 10am to 4pm. Best selling author M.G.Leonard will be signing her books. There will be a birds of prey display, guided walks, pond dipping, face painting, stalls, raffles and refreshments. [Looking forward to seeing you!](#)

## **5 Day Introduction to Construction With CSCS Card! – Jobskilla**

Please see the details below for an Online Introduction to Construction with CSCS Card we have available for residents **West Yorkshire**. This is a remote course that you will study at home. Upon completion your Green CSCS test and Card will be funded. [Find out more](#)

## **July News from Healthy Minds!**

This month's newsletter contains important news that many will find upsetting, but we at Healthy Minds remain resolved to supporting our communities as we have been for the past 13 years, and you will see from other news that lots of good things are still happening. [To the newsletter](#)

## **Party this Summer with the Lower Valley Children's Services!**

This Summer, the Lower Valley Children's Centres invite you to their Summer Party !!! The events are full of fun activities suitable for pre-school children 5 years and under. No need to book, just turn up! [Event details](#)

## **NHP and Sure Start Children's Centres recruiting – August 17th**

North Halifax Partnership (NHP) Sure Start Children's Centres are excited to be recruiting for qualified and unqualified early years practitioners to work in our Children's Centres in Calderdale. We have a variety of roles available. [View vacancies](#)

## **Announcing the Finalists of The Business for Calderdale Awards 2022**

The Business for Calderdale Awards will take place on Thursday 13<sup>th</sup> October 2022 at The Venue, Barkisland celebrating the achievements of businesses in the borough over the last year. [Congratulations to All of the Finalists!](#)

## **Let's Grow! Free Family events schedule**

Join the Let's Grow Team on an event near you and have a go with tactile, outdoors experiences around growing and learning about the wonderful world around you! These free, family friendly fun sessions offer something for the whole family to enjoy. Babies and small children are welcome. [Come join us!](#)

## **Get Involved / Have Your Say**

### **Lower Valley Ward Forum dates and Venues Jul-Aug 2022 – Next: Brighouse Aug 8th**

The dates for the upcoming Lower Valley Ward Forums have been announced. Some are back to taking place in person. Please attend and share the discussions about your local area and what matters to you. [Find your ward forum date](#)

## **Help Insight Eating & Insight Healthcare improve mental health services in Calderdale**

Do you or a loved one have disordered eating or an eating disorder? Are you passionate about mental health and eating disorders? If you have said YES to either of the above and live in Calderdale, we would love to hear from you! [Find out how](#)

## **Apply for the Council Tax Energy rebate by August 22**

The Government is giving a £150 rebate to help with the cost of living. Calderdale Council is making this rebate accessible to residents for their permanent home address in the borough. [Information and application details](#)

## **Can you 'step up' for Rastrick?**

An exciting opportunity has come up for Staying Well to join in the Rastrick Around the World Challenge. Join @ActiveCdale in proving anyone can be active and healthy. You can find out more about this challenge and get involved here. [Let's go!](#)

## **Join ACDAF and discuss inclusive Commuting and Green Spaces access**

We are very keen to work in co production and we work in collaboration with the local authority, West Yorkshire Combined Authority (WYCA), Canal and River Trust, Northern Rail and design teams/architects. [Find out more](#)

## **WY Community Mental Health Transformation Co-Production Videos Projects**

Forum Central are looking to work in partnership with six organisations from across West Yorkshire to co-produce videos with people with lived experience of complex mental health issues. [Become involved](#)

## **Events Newsletters and What's On**

### **Halifax Unity Collective Free Community meal August 6th**

Come join us on Saturday 6th August from 6.30-9.00pm and enjoy a meal on us in a friendly, accepting environment and make new friends. The event is free but booking is essential. [Book now!](#)

### **Next Companionship Cafe in Elland Morrisons – August 9th**

Home Instead Calderdale has partnered with Morrison's supermarket in Elland to hold a monthly companionship café for older people in our community. We had a lively time at the last Café in July with bingo, prizes and plenty of conversation and it was lovely to see new faces as well as friends from our May and June Cafes. [Find out more](#)

### **VSI Alliance Update 05 August 2022**

Read the latest updates from the VSI alliance. You will find information on local events and available training, job opportunities and volunteering options. The newsletter also highlights current campaigns and consultations. [Read the updates here](#)

### **The Space @ Field Lane Summer Fair September 3rd**

Many family friendly activities, including Treasure Hunt, Face glitter paint, Magician, Penalty shootout, sponge throwing, food stalls including ice cream and BBQ, information stalls, tombola and so much more! [Join the fun!](#)

## **Curious Motion Celebrating Elland's Happiness Lab online : Join us!**

Elland's Happiness Lab started in November 2021 and has engaged hundreds of people in creative wellbeing activities, exploring what happiness means to them and how Curious Motion can support this now and in the future. It's been a momentous and special project, and this is just the start! [This is our story!](#)

## **Rastrick Around the World Community Walk Sunday 21st August**

Active Calderdale invite you to a guided walk, suitable for everyone through Cromwell Bottom Nature Reserve. We will walk for about 1km but you are welcome to walk further. [Join our walk](#)

## **Greenland Bowling Club welcomes new players of all ages**

Mixed bowlers of all ages and capabilities are invited to join this friendly private club in West Vale, situated behind Andy Thorntons, described as a hidden gem in the national crown green bowling calendar. [More details](#)

## **Dark Matter Promotions upcoming events at the Golden Lion in Todmorden**

Please find the headlines of all Dark Matter Promotions events taking place at the Golden Lion pub in Todmorden. [Events Calendar](#)

## **Climate change toolkit launched across West Yorkshire**

In May the WY HCP asked over 100,000 staff and volunteers to be 'All hands in for a better future' when they launched their first climate change campaign. The toolkit is an extension to this work and provides West Yorkshire healthcare providers with guidance and resources to address climate change. [Read more](#)

## **Heritage Walks by Halifax Civic Trust with David Glover – Next September 9th**

Please find information on two Calderdale based heritage walks run by Halifax Civic Trust. Local historian David Glover will be your guide as you walk through areas of Calderdale, learning the history and some not so widely known facts about the past of Halifax. [Booking details](#)

## **Project Colt in Elland weekly groups**

We meet together each week to spend time engaging in activities of all kinds and creating a community where people can connect. A light lunch is provided. [Further details](#)

## **VIRSA – A celebration of South Asian Heritage Month 2022**

The festival promises a month of events and activities to celebrate the long and rich history of British Asians and the positive impact they have within the borough. It will bring together leading British Pakistani and Indian writers and performers plus local businesses and community groups at venues across Calderdale. [Further details](#)

## **Focus4Hope Arts and Crafts Mondays at Morrisons Elland Cafe**

This club runs every fortnight and each time we'll be doing a range of craft activities including jewellery making, pebble decorating, card making and much more. We want to bring people together to help alleviate isolation and make new friends. [Join us!](#)

## **WY Partnership cements place of VCSE sector within the partnership**

West Yorkshire Health and Care Partnership (WY HCP) and the area's voluntary community social enterprise sector (VCSE) signed a memorandum of understanding (MoU) on Monday 4 July. This cements the role of the sector as an equal partner at all levels. [Read more](#)

## Calderdale Forum 50 Plus Newsletter July 2022

Calderdale Forum 50+ newsletter has current, useful information for the over 50s population of Calderdale and more. You will find a list of activities, helpful resources and coverage of current events.

[To the newsletter](#)

### Home Instead : Local home care company is top 2.51% in the region

Home Instead Calderdale has received a prestigious award by a national reviews website, having been named one of the top 20 home care companies in Yorkshire and Humberside and in the top 3% of home care companies in the region. They have made it onto the impressive list out of 796 home care companies and this is the fourth time they have won this award. [Read more](#)

### Migration Yorkshire – Ukrainian population latest figures in West Yorkshire

We have released a new local migration data dashboard about the Ukrainian population today, with a text and video user guide. The dashboard presents various open data sources about the newly arrived and settled Ukrainian population for local areas in Yorkshire and Humber. [To the report](#)

### Halifax Civic Trust Celebrated National Civic Day (June 18th)

It was an exciting day with a 2-hour heritage walk around the town and a special showing of films about Halifax and the Civic Trusts own film about the Wakefield Gate or Magna Via. There were local competitions, and the Trust shared its work over the last 60 years. People were invited to join as members and support their work locally. [Full story](#)

### West Yorkshire Healthier Together – a new website for families launches (Mon 27th)

The West Yorkshire Health and Care Partnership (WY HCP) has launched a new website that provides consistent, accurate and trustworthy healthcare advice to parents, carers, young people, and professionals. [Read more](#)

### Introducing Friends of Lower Valley women's group

We are providing a 12 week rolling programme aimed at women in the Lower Valley Community. Each Week we will cover a different topic aimed at promotive Healthy Lifestyles and Wellbeing. [Join the group](#)

### Summer of Live music at the OSCA Foundation Bar

Live music is back on at the OSCA Foundation bar with gigs planned every two weeks for the next three months. Unless otherwise stated, there is no entry fee. [View events](#)

### easyfundraising pledges support to the British-Ukrainian Aid

Funding platform **easyfundraising** has pledged to **#StandWithUkraine** and double every donation raised through their site for **British-Ukrainian Aid** for the next 6 months. [Read more](#)

## Grants and Funding

### VSI Alliance news : Local business offering voluntary help this summer

VSI Alliance wish to share that a local business has approached them and are interested in offering some time over the summer to support a local charity or not for profit group. The company wishes to help with any aspect of manual work needed, from gardening to decorating or another project if you have one in mind, ideally over the weekends in the summer. [Find out more](#)

## **Pension Credit top up to help with living Costs**

Do you or a family member get a State Pension? An estimated £6.8 million of unclaimed Pension Credit is unclaimed in Calderdale\*. We want to encourage every one of State Pension age to check their eligibility, even if they don't think they need any additional support. [Check your eligibility](#)

## **Official Launch of the Staying Well Community Fund**

We are keen to work with community groups, small community associations, organisations, projects and initiatives reduce social isolation and loneliness, help individuals and communities to get moving more, and finally, offer support to groups who are financially vulnerable due to the challenges of Covid and want to keep their vital support/service going. [Find out more](#)

## **Lower Valley Ward Forum Grants**

There is a small pot of grant funding available locally to help community groups, organisations and projects based or working in your Ward. Check [your eligibility](#)

# **Children & Young People**

## **Time Out July newsletter and School Holiday Activities**

School's are out for summer, which means you will all be looking for exciting activities for the children and young people of Calderdale, not to fear! Time Out has a timetable full of school holiday activities for a range of age groups. [To the newsletter](#)

## **Time Out Calderdale news and information for summer**

You will find information on emotional and psychological help and support available to children and young adults, job and volunteering opportunities, the sessions of the Hive Hub free summer school and minutes of the June 15th network meeting. [To the newsletter](#)

## **Healthy Holidays Summer 2022 Live from Friday 24th June**

The Healthy Holidays Calderdale Programme is back for the Summer! Free places are available at Summer holiday clubs across the Borough for children aged 5-16 eligible for benefits-related free school meals. [Book your place](#)

## **Baby and Me groups at Elland Children's Centre**

Come to your local Surestart Children's Centre in Elland and find out about some of the wonderful opportunities that are there for you and your baby! [See what's available](#)

# **Health and Wellbeing**

## **Look out for each other during the heatwave and rising Covid cases**

Summer events and social gatherings are returning as part of our lives, but COVID transmission rates are rising sharply in West Yorkshire. The numbers of people with COVID in hospital beds are now greater than during the previous wave, our social care sector is under huge pressure, and we should remain cautious warns West Yorkshire Health and Care Partnership (WY HCP). [Read further](#)

## **Message from Debs Harkins and Jackie Addison regarding the hot weather spells**

The message, referring to the hot spells of weather experienced and likely to reoccur during the summer months offers recommendations and advice to better cope with higher temperatures, in light of the rising number of Covid cases currently in the region. [Read message](#)

## **Covid Cases in Calderdale – Message from Debs Harkins**

We are seeing high rates of the virus and the impacts that accompany it, so it's important that we remain mindful of the risks and take conscious steps to mitigate them. [Full story](#)

## **CCG Calderdale COVID-19 Vaccination Programme Update – June 30th 2022**

On 1 July 2022, NHS Calderdale Clinical Commissioning Group (CCG) will become part of NHS West Yorkshire Integrated Care Board (ICB). This will be the last programme update issued by the CCG. These will start again later in the year from the ICB. Key contacts and useful links have been updated at the end of this update. [Read updates](#)

## **VitaMinds – a free and confidential NHS service**

VitaMinds is a talking therapy service designed to support individuals by providing the tools needed to get things back on track. We offer a range of short-term psychological therapies to adults 18-years and over, who live and are registered with a GP in Calderdale. [Read further](#)

## **'Message in a Bottle' initiative calls for carers to 'plan ahead'**

The message to all carers across West Yorkshire is to think about a contingency plan so that the person they care for is supported at the earliest opportunity and the carer has peace of mind that arrangements are in place should they become unwell or be involved in an accident or medical emergency. [Read more](#)

## **Vaccination Walk in Clinics around Calderdale**

These clinics are subject to demand and deliver vaccinations on a first-come first-served basis. Booster jabs are not available at these walk-in clinics. [Find a clinic near you](#)

# **Employment Training and Volunteering**

## **Could you become a Staying Well Telephone Befriender?**

Sometimes you want a brew and someone to talk to. No qualification or experience is needed for the role – it helps if you are empathetic, reliable, can listen well and have good banter! Induction and training will be provided and you will be supported every step of the way. [Could this be you?](#)

## **Learn, upskill and retrain with Calderdale Adult Learning**

The latest Calderdale Adult Learning (CAL) prospectus for 2022/23, packed full of exciting, affordable courses to inspire and help people towards the jobs and lives they want, is on its way to every household across Calderdale to ensure everyone can easily find out about the many opportunities offered at CAL. [See what's on offer](#)

## **Free Fully Funded SIA Security License – West Yorkshire – August Start Dates**

Fully funded SIA Security 2 week course, Leeds and Bradford locations. Open to those unemployed or on low incomes and in receipt of benefits. Multiple choice exams and physical assessments at the end of the course. [Apply here](#)

## **Trustees Needed for the OSCA Foundation!**

Run *by* the community *for* the community, the current Trustees, who have established OSCA and worked hard to achieve so much are now looking for new people to join the Board to bring fresh skills and enthusiasm to take the centre forward even further. [Join our board](#)

## Virtual Online Courses available from Sure Start Family Support

The family learning programme have a numerous online employability courses that our registered families can access for free. Bookings are now open for our next set of Virtual Online courses. [See what's available and book](#)

## Join the Healthy Minds Volunteer Team!

Charities in the voluntary sector are facing more and more challenging times, and we need our incredible volunteers now more than ever. We have THREE different volunteering opportunities at Healthy Minds, one of them could be right up your street! [Take a look](#)

## Latest Jobs

All the latest jobs and apprenticeships from our dedicated [Jobs page](#). For more information on the jobs below including how to apply, [Click here](#)

- [Integration Co-ordinator – St Augustine's Centre – Aug 05](#)
- [Future Support Offer \(Universal Credit\) Citizens Advice Calderdale – Aug 07](#)
- [Energy Caseworker with Citizens Advice Calderdale – Aug 07](#)
- [Advice Drop In Manager – St Augustine's Centre – Aug 09](#)
- [NHP and Sure Start Children's Centres recruiting – Aug 17](#)
- [Heritage Mission Enabler – Calderdale Methodist Circuit – Aug 19](#)
- [Heritage Mission Administrator – Calderdale Methodist Circuit – Aug 19](#)
- [Circuit Finance Officer – Calderdale Methodist Circuit – Aug 19](#)
- [Care staff with Bluebird Care – Ongoing](#)

## Want to know what's going on in other parts of Calderdale?

The [Calderdale Lower Valley Blog](#) is updated daily and can also be subscribed to for free. We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the [Central Halifax](#), [Halifax North & East](#) and [Upper Valley](#) areas too with their own regular newsletters and updates?

## Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer by asking them to email us
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

*The deadline for posting on the Friday Flyer is **Thursday 12pm**. Depending on workload, posts arriving at that time may still have to go on the following week's flyer.*

### North Halifax Partnership and Staying Well

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