

<u>LV Blog</u> and <u>N&E Friday Flyer</u> covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

LV Friday Flyer – 19 February 2021

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The Friday Flyer is a weekly round-up of news and what's on in the Lower Valley. We hope you will find this informative and useful. Let us know what you think!



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Latest News

West Yorkshire Trading Standards Scam Alert #22 February 2021

This Monthly alert outlines trending fraud patterns during the current COVID-19 pandemic and what we can do to stay protected. *Read through*

"Fantastic effort" sees over half a million vaccinated in West Yorkshire

The leader of the West Yorkshire Vaccination programme has paid tribute to the fantastic efforts of GPs, pharmacists and NHS staff, which have seen over half a million of the region's adults vaccinated. <u>Full story</u>

Calderdale Staying Safe Domestic Abuse Support is here for you

If you are 16 or over, female or male and have experienced any form of Domestic Abuse, Calderdale Staying Safe are here to help you. *More information*

Covid-19 Scam Calls/Texts Alert

We are still getting reports from people who are receiving scam emails and text messages relating to the pandemic, in particular vaccinations and testing. <u>Read more</u>

Community Thank You Call for 2021

Despite going through another lockdown and all of us feeling fed up, we are still hoping to hear from you about anyone who has already made 2021 better for you. North Halifax Partnership will be continuing with the "NHP Community Thank-You" in order to continue spreading the joy and gratitude in our communities. <u>Submit your Thank You!</u>

Coronavirus Latest

Be COVID Prepared

Key message this week is that people should be prepared to self-isolate immediately, as they may be identified as a contact of a positive person at any time. <u>Create Covid plan</u>

People in West Yorkshire will be called for vaccine over next few weeks

The NHS is reassuring people in West Yorkshire that they will be contacted when it's time for their COVID-19 vaccine appointment – and there's no need for them to contact services. *Read further*

Covid vaccination in West Yorkshire and snow media statement

No-one will lose their opportunity to have a vaccine. People who have been invited through the national booking system can call them to rearrange their appointment and will get an alternative date for their vaccination. *Read more*

Vaccination information for front line VCS workers & volunteers supporting health, social care and the most disadvantaged clients

The Local NHS across Calderdale and Kirklees is working with Calderdale and Huddersfield Foundation Trust Hospital and their respective Councils, and we are now able to offer vaccinations to frontline VCS paid workers and volunteers who support individuals with their health, social care or those who are most disadvantaged or vulnerable. *More information*

West Yorkshire's first large vaccination centre opens

Staff from The Mid Yorkshire Hospitals NHS Trust and Spectrum Community Health CIC will be delivering vaccinations at the centre that has been set up at Spectrum Community Health, Navigation Walk in Wakefield. The centre is the first of the region's four centres to open and will mean thousands more appointments can be offered to both patients and health and social care staff. <u>More information</u>

Calderdale Covid Champions Information about the virus and the scheme

A very thorough document on Covid Champions, what they do and plenty of useful information on what is coronavirus, how it works, how it is spread, safety measures and helpful links. <u>Read more</u>

COVID-19 Newsflash: Targeted Testing – Lateral Flow Testing for Voluntary and Community Groups

Calderdale Council is supported by the Department of Health and Social Care to deliver a new COVID-19 testing programme, as part of a national programme. Lateral Flow Testing brings is an additional tool to support with the control of disease transmission across our community. <u>More information</u>

Diabetes and Covid-19 key messages

Do you have diabetes? Or do any of your friends or family have diabetes? Have you heard or read anything about diabetes and Covid-19? *Get informed*

Virtual Volunteer Hub

Look online for how to contact groups in your area. We are creating a directory of groups who are working locally to help people who need support. We will post updates on here as we get them. <u>Details</u>

Food Banks in Calderdale

During this unprecedented time, Calderdale's food banks, which are mainly led by volunteers, are relying on the kindness of our communities even more than usual. All food and financial donations will be very gratefully received by the food banks to help them top up their supplies. <u>Can you help?</u>

Get Involved / Have Your Say

Calderdale COVID-19 vaccination engagement

NHS Calderdale Clinical Commissioning Group is working in partnership with Calderdale Council, Healthwatch Calderdale and VSI Alliance, and would like to know your views and experiences of the Covid-19 vaccines. *Share your views*

Review of COVID-19 information on the Calderdale Council website

Calderdale Council is currently reviewing the information about COVID-19 that is on the Council website. We would like to get some feedback from our residents about **what** COVID-19 information is communicated on our CMBC website and **how** this information is set out. *Share your views*

Community Thank You 2021: February 05

Welcome to our weekly round of Thank You notes. Each week we publish notes submitted to us, thanking those who have made a difference or a positive impact to somebody. <u>Submit yours!</u>

Healthwatch Calderdale experiences of medication feedback request

We feel there is more we can learn and are now asking for specific feedback about the main issues raised. We want to know if access to medication is impacting the health and wellbeing of the public in Calderdale and how. *Complete survey*

National Strategy for Disabled People Survey

To help the government with understanding the barriers that disabled people face and what it may need to focus upon to improve the lives of disabled people, we need to hear about your views and know more about your experiences. *Complete the survey*

Let's put a stop to fly-tipping

The monthly round of fly tipping in Calderdale is a post we can't wait to stop posting! Our aim is not to name and shame but to pass the message that fly tipping is unacceptable. <u>Read more</u>

Anti-Poverty Virtual Event, 25th February 2021

You are invited to a Virtual Event: Exploring the impact of Covid-19 on poverty and inequalities in Calderdale, Thursday 25th February 2021 2.00pm-4.30pm (*Register no later than 12 February*)

Community Thank You Call for 2021

Now, more than ever, it is important to stay strong and continue to help each other as we start the next lockdown. If you would like to say thank you to someone who you think has been a fantastic member in your local community, click here to do so. *Thank somebody*

EU Nationals UK Settlement Scheme appointment sessions

If you are an EU, EEA or Swiss citizen and you wish to remain in the UK after 30 June 2021, then you must apply to the EU Settlement Scheme. If you need support to apply we can help. <u>Apply for an appointment</u>

Funding and Grants

Green Social Prescribing Fund open until March 2nd

West Yorkshire Health and Care Partnership launched a **Green Social Prescribing Fund** which opened on Tuesday 9th February and **closes at 5pm on 2nd March**. *Apply*

Inclusive Economy Project Grants

If you live in Park or east Warley and you're full of ideas, this is for you! Funding is available for community projects and enterprises in your area.

Laptops for Learning – from Calderdale Council

We've teamed up with the Community Foundation for Calderdale and The Valley Learning Partnership to launch Laptops for Learning – an appeal to purchase laptops for pupils most at need while they are being home schooled. <u>Read more</u>

Grant Round Open To Support West Yorkshire Communities

West Yorkshire's Police and Crime Commissioner (PCC) has opened his latest grant round of the Safer Communities Fund (SCF) with £140,000 available, made up from Proceeds of Crime monies successfully secured by police and prosecutors. *Full article*

Is your attic room costing you money?

Up to 25% of a home's heat can be lost through the roof and if your attic room is not properly insulated, you could be wasting money on your energy bills. *Are you eligible?*

Green Doctors Calderdale – Free Service to help reduce energy bills

We help households to **save between £100 – 1000 per year** on their energy bills through switching and increased energy efficiency whilst also making homes warmer and healthier. *Find out more*

Winter Payments Available for Families in Need

The government recently announced a package of extra targeted financial support for those families most in need across England for the cost of food, energy and water bills and other associated costs. <u>See</u> if you're eligible

VSI Alliance: Community Business Renewal Fund Application: Next March 2nd

The Community Business Renewal Fund provides grants of between £10,000-£20,000 to community businesses in England affected by the Covid-19 crisis to adapt, renew and rebuild their business so they can remain financially viable. *Find out more*

Events and What's On

Calderdale Museums' Enews February 2021

News and updates from the museums of Calderdale. *Read here*

Anti-Poverty Event February 25th short film

The Voluntary Sector Projects department of Calderdale Council are organising a large virtual antipoverty event for the 25th February exploring the impact of Covid-19 on poverty in Calderdale.

Calderdale Forum 50 Plus Newsletter February 2021

This month Calderdale Forum 50+ offers answers to the Coronavirus vaccine, Lateral Flow testing, news from Age UK, nutrition and Energy Saving tips to name but a few. <u>Access the Newsletter</u>

Virtual Collaborative Thinking Ahead Programme from MacMillan Cancer support

Thinking Ahead is a Health and Wellbeing Programme for patients living with incurable cancer, who may or may not be receiving treatment, as well as their family members. <u>More information</u>

Calderdale Countryside News Winter/Spring 2021

Welcome to the winter/spring newsletter for 2021, hope you are all keeping well as we start the New Year. *Read newsletter*

Magpies are pleased to introduce their new brand!

We're pleased to introduce our new brand! At Magpies, we'll continue to offer a place to make new friends, learn new skills and create new opportunities but with a new modern look. <u>Take a peak!</u>

One year on from Storm Ciara

Tuesday 9 February 2021 marks the first anniversary of Storm Ciara, which caused Calderdale's fourth major flood in just eight years and brought 10 miles of damage across the borough. *Read more*

Neighbourhood Watch OUR NEWS February 2021 edition

Our popular monthly newsletter OUR NEWS February 2021 edition is here!

Disability Partnership Calderdale newsletter 05 February 2021

The latest Disability Partnership Calderdale invites you to share your views on a range of topics from Halifax railway station to healthcare provision. It also has detailed information about the Coronavirus vaccine, as well as the usual list of resources and information. *Read newsletter*

Lead the Way February 2021 eBulletin

The latest Lead the Way eBulletin is out with helpful resources for clients and carers, organisations that can support you and information on their online sessions. *Read it here*

Macmillan Cancer Information & Support Service Newsletter February 2021

In this latest newsletter you will find information on Headwrappers, a virtual hair loss support group, iHope, First Steps, Thinking Ahead, Virtual support groups, Turn2Us, financial help and much more. <u>Read it here</u>

Healthy Minds Workshops & Groups February 2021

Healthy Minds Calderdale are putting together a series of informative, helpful workshops, designed to assist during the challenging times we're facing. There are social groups and art workshops too. You're bound to find something of interest! <u>Browse here</u>

VSI Alliance Update January 29, 2021

Read the latest VSI Alliance update <u>here</u>

Calderdale Household Waste and Recycling Centres (HWRC) and Bulky Items Collection

The Household Waste and Recycling Centres (HWRC) in Calderale are still operating during lockdown but there are times and operation restrictions in place, to ensure the safety of staff and the general public. *Read more*

Refreshed Police and Crime Plan Launched

At the heart of the Plan is our ambition to work together with the police and partners, and with our communities, to help achieve our shared vision of 'keeping West Yorkshire safe and feeling safe'. <u>Read the plan</u>

Our Year in Snapshot by North Halifax Partnership

We know that the pandemic is bringing us some challenges but North Halfiax Partnership continues to support our communities and adapt our services to meet local need. We thank our Trustees, staff and volunteers who every day ensure NHP is building a better future for all generations. <u>See how we did</u>

Community Foundation for Calderdale announce new appointments

The Community Foundation for Calderdale is pleased to welcome Rachel Burnett and Amanda Lawson to the staff team who work to give out over £1 million worth of grants each year in addition to flood and Covid19 related grants. *Read article*

Renew Hope communal space starting (online) in Hebden Bridge

Hope Baptist Chapel would like to invite you to their newly launched virtual venue every Thursday between 10am and 12pm. <u>Visit here</u>

Online Arthritis Action Groups

Arthritis Action Groups are an opportunity for people with arthritis to talk with others and share their tips on how to manage their arthritis and stay active whilst at home, and we actively welcome new attendees. <u>Join the group</u>

Traffic collision updates for the 5 districts of Yorkshire

These are road traffic collision updates for the 5 districts of West Yorkshire. This information was sourced through Leeds City Council. <u>Information</u>

NeighbourhoodWatch OUR NEWS January 2021 edition

Our popular monthly newsletter OUR NEWS January 2021 edition is here!

CREW Heart Support Group – Walk through Starfish & Syke Hill

This week's CREW Heart Support Group Bulletin features a self guided 5.5 miles walk through Starfish & Syke Hill. The walk is marked as Grade 2+ and estimated to take 2.5 hours to complete. <u>Take the walk</u>

The Pulse Bulletin, Latest CREW Heart Support Group newsletter

Welcome to CREW news! Scroll down for details of our walks, exercise classes and social events plus recipes and interesting articles. *To the newsletter*

New National Lockdown – CMBC Libraries Service Update

Due to the current lockdown, the services on offer in our libraries have been scaled down. Details

Children & Young People

Verd de Gris short films for Children and Young People Part.2

These films focus on a range of subjects including self-harm, sexuality and identity, and neurological disorders as well as the impact that Covid-19 pandemic has had on children and young people in Calderdale. *View films*

Tough Times Reference Group Annual Survey

As the result of Children's Mental Health week we, the young people's Tough Times Reference Group would like to announce the release of our annual survey around mental health and wellbeing. <u>Take</u> <u>survey</u>

Children Mental Health Week resources from Mindful Me

Parents/teachers and carers can access 7 Mindfulness techniques on our YouTube channel for free. Using these strategies, with support in the first instance, children will learn strategies to reduce anxiety & stress and at the same time boost their immune system and get mentally tougher. <u>View resources</u>

Don't Do It Alone – support for children and young people's mental health

To kick off Children's Mental Health Week, <u>Kooth</u> has launched their latest social media campaign: Don't Do It Alone. With a feature in the Metro, this campaign is something we'd like to spread the word about to all young people across the North West and the rest of the UK. <u>Read more</u>

Healthy Minds arts resources for young children 0-5 years

These six wild animal themed colouring pages are aimed mostly at children from infancy to 5 years, but don't let that stop you from having a go! <u>View more</u>

Parents/carers survey on their children's mental health

Calderdale Council have launched their **2021 online Parents/Carers Survey** asking for opinions anonymously on their children's mental health and wellbeing. *Take the survey*

Is your child feeling stressed, worried or uncertain...?

Open Minds Calderdale have compiled a helpful leaflet for dealing with the concerns and worries of children and young people. It is important to remember that such feelings in children, as well as their carers, are normal and understandable in stressful situations. <u>Access the list</u>

Sure Start Activities to do with your children at home

Are you looking for ideas to keep the little ones busy? The brilliantly creative minds at Sure Start Children's Centres have put a few ideas together for you to try. <u>Take a look!</u>

Health and Wellbeing

Having a stroke is a medical emergency – Act F.A.S.T and dial 999 immediately

With all the publicity around the coronavirus, it is easy to forget that there are other serious health conditions that cause death and disability. The NHS continues to be 'Still here for you' during the coronavirus outbreak and we urge people not to ignore signs and symptoms that could be potentially life changing and life threatening. *Full story*

Active Calderdale February Walking Workshop – still time to join

With your help we want to make it easier and create a better environment to take a stroll from your doorstep, so we held a virtual get together to talk about what's already happening, what would help and how you can support this. Have a look and drop us a line if you'd like to *get involved*

In Touch free service from Disability Partnership Calderdale

Coronavirus has left many people isolated, lonely and out of touch with family and friends but a new free service from Disability Partnership Calderdale puts people back in contact with their families and friends, using video calling. *Read more*

Join Active Calderdale on our Family and Friends February Challenge!

The challenge to everyone in Calderdale is simple; can you encourage as many of your family and friends as possible to be physically active in February?

Fizz Free February – by Zain Ghani

Fizz Free February is a campaign created by SugarSmart to help kick out the sugary drinking habit. This can be a great opportunity to reduce how much sugar you consume just by cutting out fizzy drinks and develop a new healthier habit. <u>Go Fizz Free!</u>

West Yorkshire and Harrogate Health and Care Partnership launch staff suicide prevention initiative

West Yorkshire and Harrogate Health and Care Partnership (WY&H HCP) will launch an innovative staff suicide prevention campaign targeted at more than 100,000 health, care, voluntary and community service colleagues working in organisations large and small across the area. <u>Details here</u>

Safespace Calderdale, out of hours support for emotional distress by Healthy Minds

Safespace is an out of hours emotional support service for adults in Calderdale. It is a place of safety for people experiencing emotional distress. We can offer you the time and space to talk through what's happening and explore different ways to help you. <u>Ways to access</u>

Staying Well is here for you

January is a hard time for many of us and as we face our 3rd National Lockdown people may be struggling more than ever. As dark nights and shivery mornings become the norm Staying Well want to reiterate that no one needs to feel alone at this time. *Contact Staying Well*

Stay Winter Wise!

Have you seen Calderdale Council's Winterwise booklet, delivered to all households in Calderdale? It is divided into useful sections such as the following information on preparing your home for winter to give you peace of mind during severe weather conditions... <u>more</u>...

Well Connected will help you get your motivation back!

The Well Connected project wants to re-energise you and your community by providing new opportunities and supporting access to leisure and recreational activities, nature based and creative sessions. You can either try these on your own, as a family or as a community group. <u>See what's available</u>

Keep yourself warm in winter from Citizens Advice Calderdale

Would you like to find out how to save money on your energy bills? Citizens Advice Calderdale can help you keep yourself warm during the coming winter months. *More info*

Employment, Training and Volunteering

STEP project – Education, training & employment support for refugees

The Specialist Training and Employment Programme (STEP) is a project helping refugees access training, volunteering and paid employment opportunities. *Find out more*

West Yorkshire Trading Standards SAFER workshops project

The fantastic, cost free **S**CAMS **A**ND **F**RAUDS **E**DUCATION FOR **R**ESIDENTS workshops are still delivering via Zoom across West Yorkshire. With only 5 months left of the project we are hoping to reach as many residents and partners as possible. *How you can enrol*

Bridging the access gap in Yorkshire with Free Sign Language courses

A NEW initiative to encourage more members of the public to take up sign language as an extra language and skill is now available to residents of Yorkshire. *Find out more*

Virtual Apprenticeship Event by C & K Careers

C&K careers are inviting you to a virtual apprenticeship event on Thursday 11th March from 4-9pm. The event is open to young people leaving school or college this year or not in employment, education or training. <u>Take part</u>

FREE NHP Employment and training courses

North Halifax Partnership has the following FREE online employment and training courses available. Please note that for residents of Lower Valley, the courses are limited to those registered with Sure Start. *Browse...*

Job Vacancies at VSI Alliance

We are recruiting for 2 exciting new posts! Be part of the VSI Alliance team that's supporting Calderdale charities & community groups who are, in turn, making such a vital difference to local people. <u>Apply</u> here

Paediatric First Aid up to Easter 2021 – spaces still left

There are still spaces available to book on the following Paediatric First Aid training courses offered by Jill Webb Training. *How you can apply*

Offer of office furniture From Lead the Way

Lead the Way are presently moving out of their old office at Threeways Sports Centre and have found some spare office furniture they no longer require. <u>Enquiries</u>

Community Safety

Community To Play Key Role In Tackling Serious Violent Crime

Do you have what it takes to help combat serious violent crime? The West Yorkshire Violence Reduction Unit (VRU) is calling on people across the county to join its first ever Community Advisory Group. <u>Get involved</u>

Be phone aware – telephone COVID related scams

We have received information from the NHS regarding many different scams relating to Covid-19 that are currently circulating. <u>Find out more</u>

Domestic Abuse resources during lockdown

If you are trapped in an abusive relationship and are worried about the wellbeing of your children or yourself, it is imperative you seek help. Similarly, if you are aware of someone who is struggling with domestic abuse, you can also seek advice on how to support them. *Read more*

Message from West Yorkshire Police on burglary prevention

Crime prevention doesn't have to cost a lot of money – taking simple measures such as locking your doors and windows, not leaving valuables on display and using your alarm can significantly reduce your chances of being a victim. <u>Read more</u>

Latest Jobs All the latest jobs and apprenticeships from our dedicated <u>Jobs page</u>. For more information on the jobs below including how to apply, <u>Click here</u>

- Volunteer Hub Co-ordinator with VSI Alliance Jan 28, 2021 Closing February 25
- Food Poverty Coordinator with VSI Alliance Jan 28, 2021 Closing February 22

Want to know what's going on in other parts of Calderdale?

We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the <u>Central Halifax</u>, <u>Halifax North</u> <u>& East</u> and <u>Upper Valley</u> areas too? And regular updates!

Friday Flyer - Contact Us:

- Recommend a friend to get the Friday Flyer by asking them to email us
- **Publicise an event** in the Friday Flyer
- Advertise your service or community group

Please be advised that the deadline for posting on the Friday Flyer is **12pm on the Thursday** before it is due to be circulated. Anything arriving later than that may have to go on the following week's flyer.

North Halifax Partnership and Staying Well

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