



[LV Blog](#) and [N&E Friday Flyer](#) covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

## LV Friday Flyer – 20 November 2020

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The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley. We hope you will find this informative and useful. **Let us know what you think!**



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## Latest News

### Urgent Action needed to stop the spread of coronavirus

Please view the following important message from Calderdale Council about controlling the spread of coronavirus. It is important we all follow these instructions to prevent tougher restrictions being in place for longer. [Read message](#)

### Staying Well is just a phonecall away

The Staying Well Hub Team are here to listen to your concerns and help you make sense of what is happening. Whatever you are dealing with, we would like to hear from you because help is always at hand. [Request help](#)

### Action for Clinically Extremely Vulnerable People and coronavirus

Calderdale Council has written to everyone in Calderdale who has been identified as Clinically Extremely Vulnerable (CEV) to make sure they know where to go if they need any advice and support. [Where you can find help](#)

### NHP Thank you notes 20/11/20 – submit yours!

Each week we will be publishing notes submitted to us, thanking those who have made a difference or a positive impact to somebody. [Read notes or submit yours](#)

### An important message about COVID-19 in Calderdale

The situation is urgent and we all need to act now if the national lockdown is to have the impact that is needed. We must do everything we can to follow the lockdown rules if we are going to save lives, protect our NHS and social care services and avoid severe restrictions over the Christmas period. [Read full message](#)

### Get your headphones on The Curious e-Motion podcast is out now!

Curious e-Motion, our very first podcast, has launched! Hear fascinating stories from the people in arts, culture, and wellbeing – those who create it, shape it, present it and enjoy it! We have 3 episodes ready and waiting for you! [Hear the podcasts](#)

### Disability Partnership Calderdale latest newsletter 15 November 2020

This week there is news on "In Touch", the project to reconnect people, the main points of a government report into the effects of the pandemic on people with disabilities, help on Domestic Abuse and developments on the coronavirus vaccine. [To the newsletter](#)

### **3 key steps to stop the spread of coronavirus**

There are 3 key things we can all do to stop the spread of coronavirus: 1. Limit contact with others as much as possible 2. Wear face covering 3. Isolate if symptoms develop or are advised to do so by the NHS.

## **Get Involved / Have Your Say**

### **Become a new trustee for Healthwatch in Calderdale / Kirklees**

Trustees need a passion for improving the health and wellbeing of our communities; and believe that listening to people is essential in helping to improve local services. We welcome applicants from all parts of our diverse community. [Apply here](#)

### **Help Us Stop the Spread – Latest Coronavirus Alert**

As National Restrictions come in from November 5th, Calderdale council would like to remind everyone of what we can all do to slow down the spread. [How you can help](#)

### **The Calderdale Firefly Project**

Lots of us are going into lockdown 2.0 more than a bit deflated, fed up and tired, but it's helpful to remind ourselves that there's still a lot of positivity out there – especially in our sector. Little flashes of light in the COVID-19 gloom – A mental health support group. An online exercise class. A phone call to a brighten someone's day. [Little Calderdale Fireflies.](#)

### **Your Views Matter 2020 Annual consultation survey**

North Halifax Partnership and SureStart Childrens Centres are once again asking our service users for feedback on our services. Our Annual Consultation "Your Views Matter" 2020 starts today and will be running until the 30<sup>th</sup> November. [Take survey](#)

### **Looking for Community Covid19 Champions**

Do you want to help people stay safe and support your local community to respond to and recover from the Covid-19 pandemic? We are looking for Community Covid-19 Champions to help share information and help us develop our response to the virus in the future. [Could this be you?](#)

### **A message from our Director of Public Health about COVID-19 in Calderdale.**

Debs Harkins, Director of Public Health for Calderdale has released a message on YouTube regarding the National Restrictions to limit the spread of the Covid 19 infection. [View message](#)

### **A room, a bar and a classroom: how the coronavirus is spread through the air**

The risk of contagion is highest in indoor spaces but can be reduced by applying all available measures to combat infection via aerosols. [Read more](#)

### **Make a difference with Accessible Calderdale Disability Access Forum (ACDAF)**

Accessible Calderdale Project aims to develop Calderdale into a more inclusive and accessible place for all. We are keen to ensure that as a pan disability group we fully represent ALL disabilities Calderdale wide. [More info](#)

### **Coronavirus: National Restrictions from November 5th, 2020**

In the effort to tackle the spread of Coronavirus, as of **Thursday 5th of November** the whole of England will be entering new restrictions. Once the new national restrictions have been approved by parliament, they are projected to last until the 2nd of December. [Learn more](#)

## Scam calls pretending to be Citizens Advice

Please help us to keep everyone safe from scammers and share this information. [Read more](#)

## Community Thank You 2020

Who has stood out to you this year by making a real difference to local people? If you could send them a message what would you say? We will be publishing Community Thank Yous across North and East Halifax and the Lower Valley on our Community Blogs and Friday Flyers. [Share your thank you](#)

## Calderdale women urged to take up breast screening appointments

October is among other things Breast Cancer Awareness month and women in Calderdale are being urged to take up their breast screening appointments when two of the hospital services' mobile units set up base in the area over the next few months. [Find out more](#)

## We all have a part to play in preventing the spread of COVID-19 in Calderdale.

There have been instances where people who have tested positive for COVID-19 have not followed advice to isolate. It's really important to isolate if you've tested positive for #Covid19UK or have any of the symptoms. [What you must do](#)

## VSI Alliance Training Programme Survey

VSI Alliance would like your feedback to help them plan their next training sessions. We're conducting a short survey for our next training programme and your input would be very much appreciated. [Take the survey](#)

## List of Hate Incident report centres in Calderdale

West Yorkshire Police, in partnership with Calderdale Council and Calderdale Hate Crime Partnership have established Third Party Hate Incident Reporting Centres to encourage victims of racist, homophobic, disability and faith-based incidents to report at a location of their choice. [More info](#)

## CREW Covid Survey

We would appreciate you completing our survey, it is important to us that we get your feedback. We at CREW are constantly adapting and improving what we offer to the community in this current climate. Without your feedback and support, this could not happen. [Start Survey](#)

## Guidance to help vulnerable individuals, groups and communities

This document provides a summary of the main guidance produced to help vulnerable individuals, groups and communities to protect themselves and others from COVID-19, and to manage the impact of shielding and social distancing. [Read it here](#)

## Sport England Community Emergency Fund

Sport England are making a £20 million Community Emergency Fund available immediately for local club and community organisations who provide sports and physical activity. Apply now to bid for grants between £300 and £10,000. [Full details](#)

## Events and What's On

### Calderdale Forum 50 Plus Newsletter November 2020

Welcome to the latest Newsletter from the Calderdale 50+ forum. Calderdale Forum 50 Plus aims to represent and promote the collective voice of people over the age of 50 in Calderdale by: Communication, Campaigning, Influencing, Encouraging and Empowering. [Read here](#)

## **Harmony Hub activity and reflection packs available**

Awakening Arts is happy to provide activity and reflection packs to the listeners of the show. If that would be something you're interested in, please get in touch to have a pack sent to you. [Request pack](#)

## **Police Crime Commissioner Newsletter November 2020**

Please see a link to the latest newsletter from Mark Burns-Williamson, West Yorkshire's Police and Crime Commissioner. This issue contains stories on work to tackle modern slavery, the award winning Sexual Assault Referral Centre (SARC), a competition for young people and much more. [Read newsletter](#)

## **Neighbourhood Watch Protect Your Passw0rd National Campaign**

As we spend more time at home and on our online devices, over one third (34%) of people say that they're more concerned about cybercrime than physical crime and a startling 1 in 5 people are a victim of cybercrime!\* You could be more at risk than you might think. [Learn more](#)

## **Music Makes You voice and instrument online lessons**

Music Makes You, a co-operative of established and professional music tutors in the Calder Valley, are excited to offer a new range of online workshops in singing, guitar, ukulele or piano and keyboard. [Book a session](#)

## **CREW Heart Support Guided Walk and Exercise classes Important Notice**

If you attend the online ZOOM exercise sessions, these will continue as normal. Visit the CREW Heart Support website for more information on Free online Zoom courses and other ways to keep yourselves active and healthy. [Find out more](#)

## **Calderdale Libraries Important Service Update**

You will already know that the government has announced new national restrictions for England from Thursday 5th November. This is what this will mean for the service offered by Calderdale Libraries. [Learn more](#)

## **NeighbourhoodWatch OUR NEWS November 2020 edition**

Our popular monthly newsletter OUR NEWS November 2020 edition is here! [Read newsletter](#)

## **VSI Alliance: Community Business Renewal Fund Application**

The Community Business Renewal Fund provides grants of between £10,000-£20,000 to community businesses in England affected by the Covid-19 crisis to adapt, renew and rebuild their business so they can remain financially viable. [Find out more](#)

## **Lead the Way November 2020 eBulletin**

The latest Lead the Way eBulletin is out with helpful resources for clients and carers, organisations that can support you and information on their online sessions. [Read ebulletin](#)

## **Calderdale Museums prepare online events**

Take a look of some of the exciting new events planned by the museums of Calderdale. [To the events](#)

## **Macmillan Information Service Newsletter November 2020**

In the latest newsletter you will find information on the Virtual First Steps Programme, the End of Treatment Event, the iHOPE program, November Support groups, Essentials Project, their Emergency appeal as well as ongoing Coronavirus support available. [Read newsletter](#)

## **Autumn Warmth from the Curious Motion**

Curious Motion have released their Autumn Newsletter, with ideas to keep you active through Autumn. You will find information about the launch of their podcast Curious e-motion, more on Brews and Grooves, including a children friendly session, the One Minute Motion gallery, Move the Calderdale way feedback and sounds of relaxation. [Read it here](#)

## **Arts and Crafts for Wellbeing Zoom sessions from Healthy Minds**

The next term's Arts and Crafts sessions by Healthy Minds are announced and you are welcome to join. No experience is necessary, just the willingness to have a go in a friendly, supportive environment. [Take part](#)

## **Welcome to the Autumn 2020 Edition of Grow Calderdale News!**

The latest Grow Calderdale Autumn 2020 newsletter is out, packed with help and tips on gardening and growing, broken down by month from June to August, gardening events, allotment information, not forgetting wildlife and tasty seasonal recipes. [To the newsletter](#)

## **West Yorkshire Trading Standards Scam Alert #20 October-November 2020**

This Monthly alert outlines trending fraud patterns during the current COVID-19 pandemic and what we can do to stay protected. [Read it here](#)

## **CREW Heart Support Group – Walk through Wainstalls and Whitley**

This week's CREW Heart Support Group Bulletin features a self guided 4.5 miles walk through Wainstalls & Wheatley. The walk is marked as Grade 2 and estimated to take 2.5 hours to complete. [View the walk](#)

## **The Pulse Bulletin, Latest CREW Heart Support Group newsletter**

Welcome to CREW news! Scroll down for details of our walks, exercise classes and social events plus interesting articles. [Read the bulletin](#)

## **Calderdale Forum 50 Plus Newsletter October 2020**

Welcome to the latest Newsletter from the Calderdale 50+ forum. Calderdale Forum 50 Plus aims to represent and promote the collective voice of people over the age of 50 in Calderdale by: Communication, Campaigning, Influencing, Encouraging and Empowering. [Read here.](#)

## **Everything is Possible Free Life Changing Project Abroad for 18-30 year olds**

Ever thought about taking part of a worthwhile project abroad, whilst developing professional and personal skills? [Find out how](#)

## **Access Calderdale Industrial Museum on social media**

In addition to the existing Calderdale Industrial Museum facebook group which is a fantastic forum to share and discuss interesting information, the museum has now set up it's own dedicated facebook page where the latest updates and news about the museum will be posted. [More details](#)

## **Calderdale PCNs' Personalised Care Team First Newsletter September 2020**

The Calderdale PCN are pleased to present you with their first newsletter, introducing the team and the organisation. There are news, events and even healthy recipes to be found. [Read newsletter](#)

## **Peer to Peer substance recovery support from Becky's Line**

The Basement Recovery Project and Calderdale in Recovery are pleased to announce the introduction of Becky's Line. A confidential peer to peer support phone line manned by volunteers in recovery from addiction. [Read more](#)

## Calderdale Council appointments for the EU settlement scheme

Halifax Opportunities Trust in partnership with Calderdale Council provide appointments every Tuesday for people to register with the EU settlement scheme. [Make an appointment](#)

## Coronavirus Support for vulnerable and at risk people in Calderdale

Advancement of Community Empowerment CIC (ACECIC) and Disability Support Calderdale (DSC) are working jointly to provide support to all vulnerable people who are at risk in the Coronavirus pandemic... [read more...](#)

## Food for Life Get Togethers Small Grants Programme Relunched

Food for Life Get Togethers harnesses the power of good food to connect and bring together people of all ages and from different backgrounds. We're offering small grants of £150 from June 2020 to April 2021. The grants are to support community led food growing, cooking and sharing activity and Get Togethers... [How to apply...](#)

# Children & Young People

## West Yorkshire Police Christmas Card Competition

Budding young artists are being offered the opportunity to see their festive artwork to be used for the official West Yorkshire Police Christmas card. [Find out how](#)

## Resources for Children Young People and their Families in Calderdale

The following list of agencies and support groups are here to assist children, young people and their families with a number of issues that may trouble them, ranging from health, social to personal issues. [View resources](#)

## Brighouse Town Amateur Under 7 girls football team are looking for new players!

Looking for something new for your daughter to do? Would you like to introduce her to football and let her meet other likeminded girls? Brighouse Town Girls U7s football team are currently looking for new players to join the team. [Join the team!](#)

## SureStart Children's Centre Autumn What's On Guide

Welcome to the Autumn Edition of Sure Start's Children's Centre What's On Guide. You will find the complete programme of events running in our children centres including information on half term, Family Support sessions and Family Learning activities. [View guide](#)

## YMCA offers Free School Uniforms

The Halifax YMCA have a large selection of preowned, in great condition school uniforms, including shoes, uniform accessories and even school specific jackets and jumpers. They've everything you can think of to get your children kitted out. And what's more, it's all free. [Find out more](#)

# Health and Staying Well

## Staying Safe help with Domestic Abuse

If you are affected by any aspect of Domestic Abuse the Staying Safe team can help. We provide free, confidential advice for anyone over 16 who lives in Calderdale and we can signpost to relevant organisations if you live outside Calderdale. [Get in touch](#)

## **Calm Mind and Strong Body with Tai Chi Tigers**

We have brought together, in a very special way, the principles of Tai Chi & Qigong practices (thousands of years old) to create a new and unique daily practice for everyone from 5 years to 95years young. [Try the taster](#)

## **Flu Vaccination – Who should Have it and Why**

This leaflet explains how you can help protect yourself and your children against flu this coming winter and why it's very important that people who are at increased risk from flu have their free vaccination every year. [Read more](#)

## **Keep yourself warm in winter from Citizens Advice Calderdale**

Would you like to find out how to save money on your energy bills? Citizens Advice Calderdale can help you keep yourself warm during the coming winter months. [More info](#)

## **Diabetes and Covid-19 key messages**

Do you have diabetes? Or do any of your friends or family have diabetes? Have you heard or read anything about diabetes and Covid-19? [Get informed](#)

## **FREE Adult Confidence Building Cycle Sessions**

Want help with your skills and confidence to ride a bike safely in traffic? Improve your bike skills, plan routes and get tips on basic cycle maintenance by taking part in our National Standards Cycle Training session. [Book your place](#)

## **Mental Health Fitness for Men of Calderdale**

The Great Minds project a partnership between West Yorkshire & Harrogate Integrated Care System (ICS) and State of Mind Sport will look to deliver initial sessions for Men of Calderdale online that will include sessions that cover basic mental fitness, stress management, building resilience, exploring emotional intelligence and anger management. [Read more](#)

## **Staying Well Telephone Befriending Service for adults in Calderdale**

The Staying Well Hub Team would like to remind you that we are still here to listen to your concerns and help you make sense of what is happening. Whatever you are dealing with, we would like to hear from you because help is always at hand. [Get in touch](#)

## **Active Calderdale Support for Sports and Physical Activity Providers**

Are you are finding creative ways to stay active and run your groups? Do you all still do the activity separately/virtually at the same time as you'd usually do it together? Share what you're doing on Twitter and Instagram using #ActiveCdale and inspire others to join you. [Read here](#)

# **Employment and Volunteering**

## **SureStart Children's Centres Recruiting Now! November 2020**

We are delighted to be able to advertise a number of vacancies within our Children's Centres across North and East Halifax and the Lower Valley. Many of these opportunities have become available due to staff progression internally within the organisation. [Application details](#)

## **Join DEX deaf-led charity for deaf young people 17-30**

We at DEX think it is really important for deaf young people to be able to meet up and make friendships with other deaf people. Our charity is deaf-led, which means our trustees and staff are all deaf. The DDYC activities are decided by what our members want to do. [Join our panel](#)

## **The Ann Rylands Small Donations Programme**

The Ann Rylands Small Donations programme makes grants of up to £1,500 to support smaller charities across the UK providing support for older people, people with disabilities or others facing difficulties in their lives. [Who can apply](#)

## **Memory Lane Cafe Calderdale looking for new Treasurer**

We are looking for an enthusiastic and committed volunteer to join our Trustee team as Treasurer to help us continue to grow and develop our what we do. You'll need to attend meetings (quarterly plus other meetings from time to time) and also be able to work at home on managing the finances and providing reports etc to the Trustees. [Interested?](#)

## **Creativity in Practice offering employability online courses**

Creativity in Practice is a small training provider working with Calderdale Adult Learning for the academic year 2020-2021. They have secured funding that enables residents of Calderdale who are 19 years or older to access a range of short courses and qualifications. [View courses](#)

## **Wellbeing at Work Network Calderdale**

Now more than ever it is important to support the wellbeing of our employees, if you are a business you are welcome to join the Wellbeing at Work Network. It is open to any employer in Calderdale who wants to find out how they can support the physical and mental wellbeing of their employees and have the opportunity to share learning and good practice with other local employers. [Join the scheme](#)

## **Financial support for voluntary, community and social enterprise (VCSE) organisations**

The government has pledged £750 million to ensure VCSE can continue their vital work supporting the country during the coronavirus (COVID-19) outbreak, including £200 million for the Coronavirus Community Support Fund... [Details...](#)

## **VSI Alliance Announcement – Key questions in funding applications**

We know how daunting it can be writing funding bids, especially if you haven't got much experience, so here are a few tips on the information you should be thinking about and that funders would normally be expecting to see. [Read more](#)

## **Virtual Volunteer Hub**

Look online for how to contact groups in your area. We are creating a directory of groups who are working locally to help people who need support. We will post updates on here as we get them. [Details](#)

## **Food Banks in Calderdale**

During this unprecedented time, Calderdale's food banks, which are mainly led by volunteers, are relying on the kindness of our communities even more than usual. All food and financial donations will be very gratefully received by the food banks to help them top up their supplies. [Can you help?](#)

**Latest Jobs** All the latest jobs and apprenticeships from our dedicated [Jobs page](#). For more information on the jobs below including how to apply, [Click here](#)

- [Caretaker with SureStart Children's Centres - Closing November 27th](#)
- [Early Years Practitioner with SureStart Children's Centres - Closing November 27th](#)
- [Early Years Practitioner Plus x 3 with SureStart Children's Centres - Closing November 27th](#)
- [Memory Lane Cafe Calderdale looking for new Treasurer – Voluntary Role](#)
- [Park and Warley Inclusive Economy Project](#)
- [Sure Start Children's Centres Sessional Worker – Ongoing](#)

## Work Clubs in Lower Valley - *Check whether open during COVID\_19*

- **Fridays - 12pm-2pm:** Job Club at The Space @ Field Lane, HD6 3JT

## Local Sports Centres - *Check whether open during COVID\_19*

- [Brighthouse Swimming Pool and Fitness Centre](#) – Tel. 01422 288068
- [Halifax Swimming Pool](#) - Tel. 01422 366624
- [Sowerby Bridge Pool](#) - Tel. 01422 288078
- [Northbridge Leisure Centre](#) - Tel. 01422 341527
- [Inspire Centre](#) – Tel. 01422 357357
- [Lightcliffe Academy](#) – Tel: 01422 200499

## Local Cinemas and Theatres - *Check whether open during COVID\_19*

[Vue Halifax](#) – [The Rex Cinema](#) - [Hebden Bridge Picture House](#) – [The Victoria Theatre Square Chapel Centre for the Arts](#) – [Halifax Playhouse](#) – [King Cross Library Film Club](#)

## Want to know what's going on in other parts of Calderdale?

We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the [Central Halifax, Halifax North & East](#) and [Upper Valley](#) areas too? And regular updates!

## Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer by asking them to email us
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

*Please be advised that the deadline for posting on the Friday Flyer is **12pm on the Thursday** before it is due to be circulated. Anything arriving later than that may have to go on the following week's flyer.*

## North Halifax Partnership and Staying Well

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If you know someone who should also receive the Friday Flyer you can ask them to email us at [calderdalelowervalley@gmail.com](mailto:calderdalelowervalley@gmail.com) with the Subject '**Subscribe to LV Flyer**'.

The [Calderdale Lower Valley Blog](#) is updated daily and can also be subscribed to for free.

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