



[LV Blog](#) and [N&E Friday Flyer](#) covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

LV Friday Flyer – 16 October 2020

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The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley. We hope you will find this informative and useful. **Let us know what you think!**



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Latest News

Calderdale Forum 50 Plus Newsletter October 2020

Welcome to the latest Newsletter from the Calderdale 50+ forum. Calderdale Forum 50 Plus aims to represent and promote the collective voice of people over the age of 50 in Calderdale by: Communication, Campaigning, Influencing, Encouraging and Empowering. [Read here.](#)

We all have a part to play in preventing the spread of COVID-19 in Calderdale.

There have been instances where people who have tested positive for COVID-19 have not followed advice to isolate. It's really important to isolate if you've tested positive for #Covid19UK or have any of the symptoms. [What you must do](#)

Calderdale women urged to take up breast screening appointments

October is among other things Breast Cancer Awareness month and women in Calderdale are being urged to take up their breast screening appointments when two of the hospital services' mobile units set up base in the area over the next few months. [Find out more](#)

List of Hate Incident report centres in Calderdale

West Yorkshire Police, in partnership with Calderdale Council and Calderdale Hate Crime Partnership have established Third Party Hate Incident Reporting Centres to encourage victims of racist, homophobic, disability and faith-based incidents to report at a location of their choice. [More info](#)

Online Halloween Activities for Children

Newground Together Youth Team have planned a series of online Halloween Arts and Crafts events aimed at children between 8 and 12 years of age. It gives children an opportunity to make their own homemade Halloween decorations. [Join a session!](#)

Healthy Minds Walks for Wellbeing are back!

Healthy Minds are pleased to announce that they can recommence their walks for wellbeing and have announced their schedule for the Autumn and Winter months. [Join a walk](#)

Brighouse Town Amateur Under 7 girls football team are looking for new players!

Looking for something new for your daughter to do? Would you like to introduce her to football and let her meet other likeminded girls? Brighouse Town Girls U7s football team are currently looking for new players to join the team. [Join the team!](#)

Healing Haikus Poetry Workshop 21 October

Join Healthy Minds for a unique poetry workshop into writing Haikus. You will learn about the history of this form of poetry, learn how to create your own Haiku poem and get the chance to recite it. [Book your place](#)

Arts and Crafts for Wellbeing Zoom sessions from Healthy Minds

The next term's Arts and Crafts sessions by Healthy Minds are announced and you are welcome to join. No experience is necessary, just the willingness to have a go in a friendly, supportive environment. [Take a look](#)

The Ann Rylands Small Donations Programme

The Ann Rylands Small Donations programme makes grants of up to £1,500 to support smaller charities across the UK providing support for older people, people with disabilities or others facing difficulties in their lives. [Who can apply](#)

Central & Hub libraries are now open

We have been working hard to make our libraries Covid Safe, and as part of this we are operating in a different way to usual. All of the Calderdale Libraries are now open. Please observe the opening days and hours. [Opening hours](#)

School Holiday Food Support Grant apply by October 16

Grants of up to £5,000 are available to fund local organisations to provide meals/food parcels for children and families in need during the October half-term and December school holidays. [Apply now](#)

Local restrictions in Calderdale to tackle Coronavirus

Calderdale has been identified as a Tier 2 area in the new national tiered approach to COVID-19 restrictions. (Announced by the Government on Monday 12th October 2020.) [What this means](#)

Memory Lane Cafe Calderdale looking for new Treasurer

We are looking for an enthusiastic and committed volunteer to join our Trustee team as Treasurer to help us continue to grow and develop our what we do. You'll need to attend meetings (quarterly plus other meetings from time to time) and also be able to work at home on managing the finances and providing reports etc to the Trustees. [Interested?](#)

Everything is Possible Free Life Changing Project Abroad for 18-30 year olds

Ever thought about taking part of a worthwhile project abroad, whilst developing professional and personal skills? [Find out how](#)

VSI Alliance Update October 09, 2020

Read the latest news and developments brought to you by VSI Alliance. [Read here](#)

One Minute Motions is now live!

Thanks to the care and creativity of our Curious Motion family, we have launched Calderdale's very own gallery of mindful videos, incorporating dance and movement. [View the Gallery](#)

SureStart Children's Centre Autumn What's On Guide

Welcome to the Autumn Edition of Sure Start's Children's Centre What's On Guide. You will find the complete programme of events running in our children centres including information on half term, Family Support sessions and Family Learning activities. [View guide](#)

National Hate Crime Awareness Week 10 – 17 October 2020 – Let's end Hate Crime!

National Hate Crime Awareness Week 2020 (NHCAW) takes place from 10th – 17th October. The theme for this year is 'Let's End Hate Crime.' [No place for Hate](#)

Disability Partnership Calderdale latest newsletter 13-20 October 2020

The latest Disability Partnership Calderdale Newsletter is out. This week it has extensive articles on Hate Crime and Hate incidents, with information of how to report and deal with it. There is still information on Coronavirus, Face Masks and helpful numbers. [Read newsletter](#)

Get Involved / Have Your Say

Calderdale Council appointments for the EU settlement scheme

Halifax Opportunities Trust in partnership with Calderdale Council provide appointments every Tuesday for people to register with the EU settlement scheme. [Make an appointment](#)

Looking for Community Covid19 Champions

Would you be interested in a new volunteering opportunity that will help people to stay safe and support your local community to respond to and recover from the Covid-19 pandemic? You could be just the person we are looking for! [Find out more](#)

Do Your Own Thing! Start your own business this October!

Are you a woman, unemployed, not in education and living in West Yorkshire? Do you have an idea to start your own business? This course may be just what you need! [More info](#)

Have you downloaded the NHS COVID-19 App?

The NHS COVID-19 App alerts people at risk of coronavirus, asking them to isolate before they potentially pass the virus on to others as well as providing local area alerts and QR venue check-in. [More info](#)

Support the Halifax Magpies endeavour for the IMAS Rugby tournament!

The Halifax Magpies are trying to raise money to help get them to the International Mixed abilities (IMAS) world tournament in Ireland 2021. As you can imagine it will not be cheap to get a fantastic and passionate group of lads from all backgrounds, able & disabled, so they have set up a Gofundme page to help with the fundraising. [Support the team!](#)

CREW Covid Survey

We would appreciate you completing our survey, it is important to us that we get your feedback. We at CREW are constantly adapting and improving what we offer to the community in this current climate. Without your feedback and support, this could not happen. [Start Survey](#)

Better Health – Let's do this!

Keeping fit and healthy has never been more important as recent events have highlighted. Better Health has been launched by the NHS to provide resources to assist with weight maintenance, nutrition and exercise. It also has helpful tips on maintaining good health in an encouraging tone. [Visit page](#)

Walk this way... into Walking Rugby

Halifax RUFC is delighted to announce that Walking Rugby has arrived in Halifax.

In partnership with Premiership Rugby Club, Sale Sharks, Halifax RUFC will be running weekly Walking Rugby sessions at Ovenden Park... [get involved...](#)

Guidance to help vulnerable individuals, groups and communities

This document provides a summary of the main guidance produced to help vulnerable individuals, groups and communities to protect themselves and others from COVID-19, and to manage the impact of shielding and social distancing. [Read it here](#)

Sport England Community Emergency Fund

Sport England are making a £20 million Community Emergency Fund available immediately for local club and community organisations who provide sports and physical activity. Apply now to bid for grants between £300 and £10,000. [Full details](#)

Need some support?

If you or someone you know is struggling with isolation, financial hardship or cannot get out for essential provisions during this difficult time there are people working across Calderdale who can help. [Apply here](#)

Events and What's On

Lead the Way October 2020 eBulletin

The latest Lead the Way eBulletin is out with helpful resources for clients and carers, organisations that can support you and information on their online sessions. [Read it here](#)

Access Calderdale Industrial Museum on social media

In addition to the existing Calderdale Industrial Museum facebook group which is a fantastic forum to share and discuss interesting information, the museum has now set up it's own dedicated facebook page where the latest updates and news about the museum will be posted. [More details](#)

Macmillan's iHOPE six week Programme starting 3rd November 2020

iHOPE is Macmillan's online self-management programme ('Help Overcoming Problems Effectively') for anyone who's had a cancer diagnosis, which empowers people living with cancer to manage their health and wellbeing. [How to book](#)

The Pulse Bulletin, Latest CREW Heart Support Group newsletter

Welcome to CREW news! Scroll down for details of our walks, exercise classes and social events plus interesting articles. [Read bulletin](#)

Celebrating Black History Month October 2020

As we step in October, once more we celebrate the history and legacy of Black communities, as well as recognising the contributions of BAME groups in our society.

We would like to know how you are celebrating Black History Month and what events are happening in Calderdale. If you are aware of any such events, please [let us know](#).

CREW Heart Support Group – Walk from Sowerby Bridge to Norland

This week's CREW Heart Support Group Bulletin features a self guided 4.2 miles walk from Sowerby Bridge to Norland, HX6 3AB and back. The walk is marked as Grade 2. [To the walk](#)

Are you ready for Stoptober 2020?

For the ninth year, the month of October is dedicated in an effort to stop smoking, whether regular cigarettes or e-cigarettes. If you have been thinking about quitting smoking and need some encouragement to do so, there's never been a better time than right now. [More](#)

Macmillan End of Treatment Virtual Health & Wellbeing Event 22 October

Are you coming to the end of your cancer treatment and wondering how you will move forward? Then we would like to invite you to our End of Treatment Health & Wellbeing event. [Book your place](#)

Macmillan Information Service Newsletter October 2020

In the latest newsletter you will find information on the Virtual First Steps Programme, the End of Treatment Event, the iHOPE program, October Support groups, SARAG and Asbestos exposure as well as ongoing Coronavirus support available. [Read newsletter](#)

Memory Lane Cafe is BACK in business!

On Saturday 26th September we ran our first café in Sowerby Bridge since March – 22 members came along to enjoy the afternoon. We've made lots of changes to make sure that we keep everyone safe – [Find out more](#)

FREE Adult Confidence Building Cycle Sessions

Want help with your skills and confidence to ride a bike safely in traffic? Improve your bike skills, plan routes and get tips on basic cycle maintenance by taking part in our National Standards Cycle Training session. [Book your place](#)

Calderdale PCNs' Personalised Care Team First Newsletter September 2020

The Calderdale PCN are pleased to present you with their first newsletter, introducing the team and the organisation. There are news, events and even healthy recipes to be found. [Read newsletter](#)

Peer to Peer substance recovery support from Becky's Line

The Basement Recovery Project and Calderdale in Recovery are pleased to announce the introduction of Becky's Line. A confidential peer to peer support phone line manned by volunteers in recovery from addiction. [Read more](#)

West Yorkshire Trading Standards Scam Alert #19 September-October 2020

This Monthly alert outlines trending fraud patterns during the current COVID-19 pandemic and what we can do to stay protected. [Read it here](#)

Active Updates – Newsflash from Active Calderdale

Here is our news and updates with ideas to keep you active and healthy! [Read here](#)

West Riding Stone Carving association workshops

Our aim is to keep the art of carving stone by hand alive and bring it to the general public. Join us to experience this rewarding art, learn a new skill and benefit from our seasonal events! [More details](#)

Calderdale Council appointments for the EU settlement scheme

Halifax Opportunities Trust in partnership with Calderdale Council provide appointments every Tuesday for people to register with the EU settlement scheme. [Make an appointment](#)

CREW launch a new face to face exercise class in October

Due to the success of our Pilot Adapted Pilates class at St Judes, we are delighted to be able to offer you a new face to face exercise class. Adapted Pilates with no floor work is starting on Thursday the 1st October at 11am. [Book your place](#)

Verd De Gris Arts supporting good mental health and well-being in Calderdale

Take a look at this range of projects using the arts to support good mental health and well-being in Calderdale [Take a look](#)

Coronavirus Support for vulnerable and at risk people in Calderdale

Advancement of Community Empowerment CIC (ACECIC) and Disability Support Calderdale (DSC) are working jointly to provide support to all vulnerable people who are at risk in the Coronavirus pandemic... [read more...](#)

Harmony Hub, a new radio segment on Phoenix FM by Awakening Arts

Awakening Arts are launching Harmony Hub, a radio segment for people with dementia and older people self-isolating. Before the Covid lockdown they ran a creative group at the Town Hall. They hope Harmony Hub will help bring back some of the sweet and simple human connections that are much missed. [Show details](#)

Food for Life Get Togethers Small Grants Programme Relaunched

Food for Life Get Togethers harnesses the power of good food to connect and bring together people of all ages and from different backgrounds. We're offering small grants of £150 from June 2020 to April 2021. The grants are to support community led food growing, cooking and sharing activity and Get Togethers... [How to apply...](#)

CREW Self-guided walks

Don't let local Coronavirus restrictions stop you getting out and about. With these self-guided walks from CREW Heart Support Group there's no excuse... [walk details...](#)

Children & Young People

YMCA offers Free School Uniforms

The Halifax YMCA have a large selection of preowned, in great condition school uniforms, including shoes, uniform accessories and even school specific jackets and jumpers. They've everything you can think of to get your children kitted out. And what's more, it's all free. [Find out more](#)

Celebrating Uniqueness Photography Project for young people

Celebrating Uniqueness is a Photography Project for young people, inviting them to share themselves through their pictures. You are encouraged to use any filter or technique to make your picture as unique as possible! [Take part!](#)

Inclusive online virtual dance classes from Flamingo Chicks

Calderdale Disability Sports inclusive dance partner, Flamingo Chicks have created new, free, professional online classes that will help get SEND children & young people moving and are also linked to the curriculum. [Access it here](#)

Health and Staying Well

Mental Health Fitness for Men of Calderdale

The Great Minds project a partnership between West Yorkshire & Harrogate Integrated Care System (ICS) and State of Mind Sport will look to deliver initial sessions for Men of Calderdale online that will include sessions that cover basic mental fitness, stress management, building resilience, exploring emotional intelligence and anger management. [Read more](#)

Looking for inspiration to get moving, have free fun and meet people safely?

Getting out and moving more is really important to our minds and bodies. Here's advice on doing it safely and fine free! [Find out more](#)

Staying Well Telephone Befriending Service for adults in Calderdale

The Staying Well Hub Team would like to remind you that we are still here to listen to your concerns and help you make sense of what is happening. Whatever you are dealing with, we would like to hear from you because help is always at hand. [Get in touch](#)

Active Calderdale Support for Sports and Physical Activity Providers

Are you finding creative ways to stay active and run your groups? Do you all still do the activity separately/virtually at the same time as you'd usually do it together? Share what you're doing on Twitter and Instagram using #ActiveCdale and inspire others to join you. [Read here](#)

Employment and Volunteering

Make the Most of You! Online course starting in October, available to people 19+ in Calderdale

C&K Careers have created a new online course of workshops, helping you discover your interests and strengths that can help you in finding the right job for you.

The workshops include a range of activities... [Find out more](#)

Creativity in Practice offering employability online courses

Creativity in Practice is a small training provider working with Calderdale Adult Learning for the academic year 2020-2021. They have secured funding that enables residents of Calderdale who are 19 years or older to access a range of short courses and qualifications. [View courses](#)

Wellbeing at Work Network Calderdale

Now more than ever it is important to support the wellbeing of our employees, if you are a business you are welcome to join the Wellbeing at Work Network. It is open to any employer in Calderdale who wants to find out how they can support the physical and mental wellbeing of their employees and have the opportunity to share learning and good practice with other local employers. [Join the scheme](#)

Financial support for voluntary, community and social enterprise (VCSE) organisations

The government has pledged £750 million to ensure VCSE can continue their vital work supporting the country during the coronavirus (COVID-19) outbreak, including £200 million for the Coronavirus Community Support Fund... [Details...](#)

VSI Alliance Announcement – Key questions in funding applications

We know how daunting it can be writing funding bids, especially if you haven't got much experience, so here are a few tips on the information you should be thinking about and that funders would normally be expecting to see. [Read more](#)

Virtual Volunteer Hub

Look online for how to contact groups in your area. We are creating a directory of groups who are working locally to help people who need support. We will post updates on here as we get them. [Details](#)

Food Banks in Calderdale

During this unprecedented time, Calderdale's food banks, which are mainly led by volunteers, are relying on the kindness of our communities even more than usual. All food and financial donations will be very gratefully received by the food banks to help them top up their supplies. [Can you help?](#)

Latest Jobs All the latest jobs and apprenticeships from our dedicated [Jobs page](#). For more information on the jobs below including how to apply, [Click here](#)

- [Befriender/Mentor Coordinator with Connecting Opportunities](#) – Closing date 16 October 2020
- [Sessional Worker with NT Youth Team Calderdale](#)
- [Sure Start Children's Centres EYPP x3](#) – Closing date 16 October 2020
- [Sure Start Children's Centres Parent Link Worker N&E](#) – Closing date 16 October 2020
- [Apprenticeship and Training Delivery Manager – Halifax](#) – Closing date 16 October 2020
- [Domestic – Todmorden Children's Centre](#) – Closing date 16 October 2020
- [Staying Well Worker – Central Halifax Hub](#) – Closing date 16 October 2020
- [Sure Start Children's Centres Sessional Worker](#) – Ongoing

Work Clubs in Lower Valley - Check whether open during COVID_19

- [Fridays - 12pm-2pm: Job Club at The Space @ Field Lane, HD6 3JT](#)

Local Sports Centres - Check whether open during COVID_19

- [Brighouse Swimming Pool and Fitness Centre](#) – Tel. 01422 288068
- [Halifax Swimming Pool](#) - Tel. 01422 366624
- [Sowerby Bridge Pool](#) - Tel. 01422 288078
- [Northbridge Leisure Centre](#) - Tel. 01422 341527
- [Inspire Centre](#) – Tel. 01422 357357
- [Lightcliffe Academy](#) – Tel: 01422 200499

Local Cinemas and Theatres - Check whether open during COVID_19

[Vue Halifax](#) – [The Rex Cinema](#) - [Hebden Bridge Picture House](#) – [The Victoria Theatre Square Chapel Centre for the Arts](#) – [Halifax Playhouse](#) – [King Cross Library Film Club](#)

Want to know what's going on in other parts of Calderdale?

We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the [Central Halifax](#), [Halifax North & East](#) and [Upper Valley](#) areas too? And regular updates!

Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer by asking them to email us
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

Please be advised that the deadline for posting on the Friday Flyer is **12pm on the Thursday** before it is due to be circulated. Anything arriving later than that may have to go on the following week's flyer.

North Halifax Partnership and Staying Well

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