



[LV Blog](#) and [N&E Friday Flyer](#) covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

LV Friday Flyer – 10 May 2019

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The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley. We hope you will find this informative and useful. **Let us know what you think!**



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Latest News

Universal Credit Help to Claim Service

Citizens Advice Calderdale has launched a new service called '**Help to Claim**' for those who need to apply for Universal Credit in Calderdale. They are working in collaboration with the Citizens Advice Network and more locally with Calderdale Council and Job Centre Plus to support people in submitting their Universal credit application to get their first payment.

Get Involved / Have Your Say

Request for Trustees from Skillshop, Halifax

Skillshop is currently looking for Professionals to join the team of Trustees to assist in growth and in purchasing the property which is currently rented. Do you have experience in Fundraising, applying for Grants or even the general running of a Charity then you could be right for this role. [Find out more about Skillshop...](#)

Rosa – Voices from the Frontline Grants

The **Voices from the Frontline** grants programme offers one-off grants of between £500 and £5,000 to voluntary and community organisations in the UK to pay for increasing the skills, capacity, credibility and effectiveness of women who wish to challenge gender inequality and promote awareness and change. [Find out more...](#)

Garden Competition 2019

Calling all gardeners – the annual **Together Housing Garden Competition** is back! This year there are new categories to enter, Community Corner, Mini Gardens, Floral Garden/Borders, Children age 5-16 and Gardener of the Year. The closing date for entries is **Wednesday 31 July** and the winners will be announced by the end of August. [Enter now...](#)

Pushing Up Daisies – Todmorden 11-18 May 2019

Free yourself from all those things that keep you awake at night. Write a letter to the departed and either pop it in to the library or send it to our wonderful Todmorden Postmistress. She will keep it safe and unread and on **Thursday 16th May** (2019) they will be burnt at the Fiery Farewell concert at Todmorden's Unitarian Church... [further information...](#)

Calling All Songbirds – Workshops from Halifax Choral Society

Did you know that singing is medically proven to reduce stress levels and raise your mood? [Halifax Choral Society](#) is running a series of workshops for singers of all ages and everyone is welcome to get involved at the Carlton United Reform Church, Halifax... [details...](#)

Events and What's On

***This weekend!* One 'ELL Of A Laugh with 4 Great Comedians**

Hosted by Elland Round Table there will be an evening of stand up comedy on **Saturday 11 May** at Baines Hall, Elland Cricket Club. One "Ell Of A Laugh will have four great comedians with Lucy Beaumont, Daliso Chaponda, Markus Birdman and the MC for the evening Andy Robinson. [Find out more...](#)

***This weekend!* Overgate Garden Party Sunday 12 May**

Overgate Hospice will be holding a garden party in the beautiful grounds of the hospice on **Sunday 12 May, 12:00pm-4:00pm**. There will be stalls, food and drink and musical entertainment to make this a very enjoyable day. TJ Walsh bus company is running a FREE bus service from the Halifax Bank on Commercial Street, Halifax every hour from 12:00pm-3:00pm to the hospice at Hullen Edge Road, Elland. [More...](#)

Brighouse 1940's weekend – 1st to 2nd June 2019

Step back in time as Brighouse goes back to the 1940s era on **Saturday 1 June, 10:00am-5:00pm and Sunday 2 June, 10:00am-4:00pm**. Brighouse 1940s Weekend is back again! See what life was like in this significant time in our history as the town centre and shops are transformed. [More about this...](#)

The Great Get Together at Crow Wood Park – Sunday 7 July

Just a reminder of the The Great Get Together at Crow Wood Park HX2 7JZ on Sunday 7 July, 11:00am-4:00pm. This is the third event aimed at bringing families together to share conversations, meet local people, play games and have fun... [details...](#)

See What's Happening at the Refurbished Park Tennis Club

The tennis season has officially started at Park Tennis Club, Brighouse after the opening of their newly refurbished courts. Members, prospective members and visitors were welcomed to the club with refreshments provided throughout the day. [More...](#)

Children & Young People

Do Something – Calderdale Activity Guide May-July 2019

Calderdale Council has released the Do Something Activity Guide for May to July. There are activities to do with sport and fitness, parks and wildlife, libraries, museums, theatre and much more. There is also information about Surestart Children's Centres throughout the Calder valley. [Download the guide...](#)

Free Super Sunday & Holiday Clubs

Regular clubs for disabled children and their siblings from Eureka Museum that are fun, creative and completely FREE! **April – August 2019**. Places must be booked in advance... [Further information...](#)

XS Leisure Activity Days Tuesday 28 – Friday 31 May 2019

XS provides a wide range of exciting activities to help children stay healthy. Try out some new sporting activities, play and help improve their skills. Each day offers a variety of the activities including roller blading and karate... [details...](#)

Anchormen Dance Teams in Elland

The **Anchormen** dance teams are based in Elland, Halifax. They provide dance classes in Halifax to anyone who wants to dance, learn dance routines, get dressed up and travel to competitions around the UK. But also to have fun, make new friends and build confidence. They are now recruiting for new dance members. Boys or girls. Aged 6 upwards. [Details...](#)

Stay and Play in Hipperholme

Toddlers and their carers are invited to Stay and Play at Christ Church, Hipperholme to enjoy a range of sensory play activities for children aged 16 months – about 3 years. On Wednesday afternoons. Your first taster session is free, then it is £2 per child. Refreshments included... [more details...](#)

Local Cinemas and Theatres

[Vue Halifax](#) – [The Rex Cinema](#) - [Hebden Bridge Picture House](#) – [The Victoria Theatre Square Chapel Centre for the Arts](#) – [Halifax Playhouse](#) – [King Cross Library Film Club](#)

Health and Staying Well

Bored or lonely? Or, just fancy a brew and something to do...

Looking for something to do but need some help? Staying Well Workers will help you take the first step out of the door. We are the social prescribing service for Calderdale.

Talk to the Staying Well Team today – call us on **01422 392767** or [self-refer here...](#)

Reclaiming lives after Stroke – support group

Different Strokes is a charity run by younger stroke survivors for younger stroke survivors

We help younger Stroke Survivors reclaim their lives through active peer support and independent recovery. Come along to our monthly meetings on **second Thursday of each month** at Halifax Fire Station... [Details...](#)

Staying Well Activity Guide

Check out what's happening across the Lower Valley... [Download the full guide here...](#)

Dementia Action Day at St Paul's Church, Sowerby Bridge

Dementia Friendly Sowerby Bridge are hosting an action day to help showcase the range of support services available locally for people living with dementia and to also provide an opportunity for everyone to find out more about dementia. **Saturday 18th May...** [details...](#)

What would you do to improve health and social care?

The NHS has released a Long Term Plan. Make sure you have your say on how it is used to shape Calderdale. Please fill in the survey! <https://www.surveymonkey.co.uk/r/NHSwhatwouldyoudo>. [More...](#)

'Welland' a Festival of Joy

On **Saturday 8 June and Sunday 9 June, 10:00am-4:00pm** will be a FREE **Festival of Joy**. 'Welland' is Calderdale's first festival of wellbeing, created for the town of Elland and surrounding areas helps people to live well for longer by providing creative and inclusive wellbeing-related activities that celebrate and bring together the community. [More...](#)

Monday Kitchen Lunch Club at St. Andrew's Church

The Lunch Club meets on **Mondays** (except public holidays) at **St. Andrew's Methodist Church**, Halifax. Coffee and tea are served until mid-day when there is a short 'God-spot'. After this there is a lunch of soup, sandwiches and cakes. [Find out more...](#)

Make Your Home Green and Energy Efficient with Government Grants

Rural Funding Services is an established organisation set up exclusively to deal with ECO funding in Rural areas. There is lots of Government money around to help you make your home greener and more efficient and RFS can help you unlock that money. [Look at the possibilities...](#)

Free Support from Calderdale Better Living Service

Do you want to make a change to improve your health? The **Better Living Service** of Calderdale Council provides help and support in improving lifestyles. This is a free service across Calderdale providing support around weight loss, accessibility to exercise, smoking cessation, alcohol reduction, stroke recovery, pre and post-natal health and much more. [More...](#)

Local Sports Centres

- [Brighouse Swimming Pool and Fitness Centre](#) – Tel. 01422 28806
- [Halifax Swimming Pool](#) - Tel. 01422 366624
- [Sowerby Bridge Pool](#) - Tel. 01422 288078
- [Northbridge Leisure Centre](#) - Tel. 01422 341527

Employment and Training

Get Into Customer Service Programme With the Prince's Trust

Get into Customer Service aims to give young people, who are work ready but do not have vocational skills, a mixture of practical training and qualifications, that will allow them to move into employment, education or training. [Find out more...](#)

Scope Starting Line Employment Service for disabled customers

Starting Line is an employment service which supports disabled people of working age living in Calderdale to find, apply for and keep a job. This service is tailored to the individual and each customer is supported by a specialist Employment Advisor to prepare them for work, training or for a statutory work programme... [details...](#)

Training: Level 1 Award in Mentoring

This qualification allows learners to gain a deeper understanding of the role of a mentor and develop the skills needed to become an effective mentor. The aims of the qualification are: to help learners gain an insight in to the role and practice of being a mentor. **The course starts in May.** [Learn more...](#)

Training Course for Volunteer Lay Chaplains (Mental Health)

The **Spirit In Mind** project has been established to promote collaboration between the NHS and different faith communities. The project is now looking to recruit Volunteer Lay Chaplains (Mental Health) as an exciting opportunity for involvement in NHS pastoral ministry. [Find out more...](#)

Volunteer Opportunities

Could You be a Volunteer Receptionist at CAB Halifax?

Citizens Advice Halifax now have vacancies for digitally confident receptionists to help at the Halifax office 9:30am-3:00pm, though there is flexibility both on times and days. If you wish to find out more click [here...](#)

Age UK Calderdale and Kirklees Newsletter April 2019

Nia started volunteering as a befriender in 2018. *"I started to volunteer as I work shifts and had some spare time and being there for someone who may be lonely and in need of someone to talk to seemed like a good option. I work with infants and children so volunteering with the elderly was a good contrast".* [Learn more about befriending...](#)

Volunteering, is it for you?

Bored? Need a new challenge? Meet new people – Gain work experience – Increase your confidence. At **Elland Children's Centre**, on **Tuesday 11 June, 10:00am-12:00pm** there will be a session to provide you with all the information you need to become a volunteer with North Halifax Partnership Sure Start Children's Centres. [Book now...](#)

Befriending Volunteer Opportunity with Age UK

Are you looking for a way to share your time and give something back to the community? Age UK Calderdale and Kirklees are currently recruiting volunteer befrienders. Join them in helping older people love later life through personalised activities, friendship and getting out and about. [Give a little time...](#)

Latest Jobs

- [Site Manager – Copley Primary School](#)
- [Cleaner – Ling Bob School](#)
- [Premises Manager – Ravenscliffe High School and Sports College](#)
- [Teaching Assistant – Beech Hill School](#)
- [Support Assistant for SEND pupil with complex speech and language needs](#)
- [Casual Bar Supervisor – Victoria Theatre](#)
- [Homelessness Prevention Officer – Calderdale Council](#)

And Finally!

Bird Boxes, Toilet Roll Holders and Garden Benches from Phoenix Shed

The guys at the **Phoenix Shed** have been busy making bird boxes for this Spring and now have a small stock, just waiting for some bird friendly customers. The 'Standard' bird box is of a typical RSPB design, but is easier to clean. Our newest offering is a 'Swift' nest box. All of these are on offer at £15 each, or £24 for two. Their quality means that they will give many, many years of service, without needing to be painted, or treated. Check out these and the many other things they make [here](#).

News from other areas

We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the [Central Halifax](#), [Halifax North & East](#) and [Upper Valley](#) areas too? And regular updates!

Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer by asking them to email us
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

Lower Valley Neighbourhood Team and Staying Well

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