



[LV Blog](#) and [N&E Friday Flyer](#) covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

LV Friday Flyer – 8 February 2019

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The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley. We hope you will find this informative and useful. **Let us know what you think!**



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Latest News

Latest news from the Phoenix Shed

Work goes on a pace at the Phoenix Shed with planters to form a community garden, Bird boxes and a 28 year old rocking horse named Beauty... [read more...](#)

Memory Lane Café – Winter 2018/19 Newsletter

The Memory Lane Café winter newsletter is now available to read; including Website launch, upcoming events, highlights of the 2018 Christmas Party and more... [read it here...](#)

Be part of the small Grants Scheme for Voluntary and Community Projects

Calderdale Council's Small Grants Scheme provides small grants of up to £2,500 to voluntary and community groups all over Calderdale. These grants are distributed through a Small Grants Panel. If you feel that you or someone else in your organisation would like to be a member of the Small Grants Panel, please complete the nomination form, and return it by **Monday 25 February 2019**... [Further details...](#)

Get Involved / Have Your Say

Sign up for #electricvalley to Petition for Electrification of the Calder Valley Rail Line

A petition calling for the electrification of the Calder Valley line has been launched by Calderdale Council as part of its campaign for greater investment in the service. After months of misery, the Council is asking commuters to pledge their support for change by signing the online petition at www.calderdale.gov.uk/electricvalley. Find out more about the campaign at **Sign up for #electricvalley**. [Find out more...](#)

Oska Bright Film Festival Open for Submissions Until 30 March 2019

The Oska Bright Film Festival 2019 is now calling for submissions. Oska Bright Film Festival was founded in 2004 by a group of learning disabled filmmakers frustrated at having nowhere to show their work. Starting as a one day celebration of work, the festival has since grown hugely in size. Submit your film to be in with a chance of screening at the world's leading learning disability short film festival. [Details...](#)

Calling All Green Fingers of Any Age – Your Local Park Needs You!

Calling all green fingers of any age. Gardening is a work of heart. Your local park needs you! Interested in volunteering in environmental projects on **Shelf Park** or **Shibden Park**? Please contact **Tony King** or **Rachael Henry** on **0300 555 0266** or email rachael.henry@calderdale.gov.uk for further information. [Get involved...](#)

Happy Days Cycles Rough Ride Raising Money for the Homeless

Happy Days Cycles and Cafe are raising money once again this **February** for Happy Days Homeless Charity. The group will set off from Halifax and cover the length and breadth of the North of England, stopping at York, South Shields, Carlisle and Morecambe before arriving back in Sowerby Bridge on Friday February 8 in time for the Big Sleepout. [Further details..](#)

Help Healthwatch to Improve Social Care in Calderdale and Kirklees

For the next 12 months, Healthwatch Calderdale and Healthwatch Kirklees are focussing on the experience of people using **Adult Social Care** services. They want to collect detailed feedback across a few months to help give a clear picture of what it's really like to use those services. [Get involved...](#)

Happy Days Homeless Charity Big Sleepout

Join **Happy Days Cycles and Cafe** for their **Big Sleep Out** at Sowerby Bridge Cricket Club from **Friday 8 February, 7:00pm**. Sleep under the stars to raise money for the homeless. There will be a hot supper for the sleepers and music from the **Landlubbers**. [Get involved...](#)

Events and What's On

Dress Down Day Supporting Calderdale SmartMove

On **Friday 15 February**, the day after Valentine's Day, 11 schools from around the borough will be taking part in a dress down day that Smartmove are calling '**Share Some Love**'. They would love it if businesses and individuals around Calderdale would join in. The aim of the initiative is to raise the awareness of the acute issue of homelessness. [Read on...](#)

The Battle of Heptonstall Community Play

A community play based upon the 1643 English Civil War battle the **Battle of Heptonstall** will be shown at **St Thomas the Apostle Church in Heptonstall** from **Thursday 28 February to Saturday 2 March, 7:30pm** and a fourth show at **Halifax Minster** on **Saturday 9 March, 7:30pm**. The script was written by local playwright and director Michael Crowley. [Book now...](#)

Accessible Calderdale Project Launch

Go to the Accessible Calderdale Project Launch on **26 February 2018** at Square Chapel Arts Centre with guest speakers. RSVP by 18 February – early booking encouraged... [get involved...](#)

Monday Kitchen Lunch Club at St. Andrew's Church

The Lunch Club meets on **Mondays** (except public holidays) at **St. Andrew's Methodist Church**, Halifax. Coffee and tea are served until mid-day when there is a short 'God-spot'. After this there is a lunch of soup, sandwiches and cakes. [Find out more...](#)

Shopper's lunch at Southgate Methodist Church

Enjoy a shoppers lunch at the Christian Centre, Southgate Methodist Church including a 2 course hot meal and drink on **Friday 1st March 2019...** [details...](#)

Biggest Music Star to Ever Perform in Brighthouse

The **Brighthouse Arts Festival** takes place between **3-13 October 2019**. The Festival has managed to book Kiki Dee & Carmelo Luggeri for a concert in October. Tickets are on sale now. **Kiki Dee and Carmelo Luggeri** will be coming to Brighthouse on **Thursday 10 October** to perform *'An Acoustic Journey'* at **St. Martin's Church**. [Find out more...](#)

Children & Young People

***This weekend!* Join Sure Start and Dads R Us at YMCA for Breakfast and Fun**

Join Sure Start Children's Centres and Dads'R'Us at Halifax YMCA for breakfast and fun on **Saturday 9 February**. Enjoy breakfast and find out about Dads R Us whilst your child(ren) try roller skating... [details...](#)

Free Family Fun Swim with Lower Valley Sure Start Children's Centres

Sure Start registered families can join the Lower Valley [Sure Start Children's Centres](#) for a FREE family fun swim at Brighthouse Pool on Sunday 17 February... [details...](#)

Play and Learn Sensory Groups in Dewsbury for Children with Sensory Impairments

Hutchinson Deafblind Trust had planned some more PAL sessions for pre-school children with sensory impairments at **Sensory World** in Dewsbury with a block of 6 sessions starting **Friday 1 March to Friday 5 April**. [Check dates and more...](#)

EUREKA! 2019 Super Sunday Clubs for Disabled Children

Free clubs for disabled children and their families will be running again in 2019, and bookings are open for the first half of the year! Clubs are completely free, LOADS of fun, and the whole family is welcome! For lots of info about the clubs visit the **Eureka! website**, or call on **01422 330069** to book! **You MUST book in advance and places are limited!** [Book now...](#)

Survey on Mental Health and Emotional Wellbeing in Children Young People

Calderdale Youth Council and the **Tough Times Reference Group** have devised a survey on Mental Health and Emotional Wellbeing to gather information about the experience of mental health and emotional wellbeing for children and young people aged 5 – 19 (up to 25 for those with learning difficulties or disability) in Calderdale. [Complete the survey...](#)

Have You Ever Considered Fostering?

Fostering is incredibly rewarding. As a foster carer you can make a massive difference to a child or young person and help give them the best possible start in life. Foster carers are amazing people who provide a loving family home. [Check out the possibilities...](#)

Personal Child Health Records Available at NHS Online

The Personal Child Health Record "red book" containing your child's health information is to be made available to parents online as part of government plans to improve NHS care for mothers and new babies. We do not know the timeframe for this yet in Calderdale but will keep you posted. [Find out more...](#)

Local Cinemas and Theatres

[Vue Halifax](#) – [The Rex Cinema](#) – [Hebden Bridge Picture House](#) – [The Victoria Theatre Square Chapel Centre for the Arts](#) – [Halifax Playhouse](#) – [King Cross Library Film Club](#)

Health and Staying Well

Understanding Dementia Online Course in February 2019

Understanding Dementia is a Massive Open Online Course (MOOC), offering university-quality education about the latest in dementia research and care. This free course provides an opportunity to engage with the perspectives of an international community... **Enrolment closes Friday 8 March.** [Find out more...](#)

Older Adult's Mental Health Workshop for People from the LGBTQ Community

As part of our ongoing engagement the local NHS are keen to meet with people from different groups. On **Thursday 14 February, 2:00pm–3:30pm** at the **Laura Mitchell Health and Wellbeing Centre** they are holding a workshop and are especially keen to engage with older adults from the LGBTQ community or with family members / carers of someone with mental health issues. [Find out more...](#)

Age UK Winter Newsletter

Age UK has published the Winter Newsletter which can be downloaded [here](#) discussing their Advice and Information Services, tackling Isolation in Calderdale and much more. You can also make use of their free energy saving help and many other local services. [More...](#)

New Dads Can Have Postnatal Depression Too

Did you know that **the risk of depression doubles in the first year of being a dad**, first time dads are particularly vulnerable, 1 in 10 dads-to-be will become depressed during their partner's pregnancy, the peak time of postnatal depression in men is 3-6 months after birth, dads under 25 are more likely to experience this. **Insight Healthcare** can help. [More...](#)

Locala Public Health Early Years Service Well Baby Clinics

Locala Calderdale Public Health Early Years' Service (PHEYS) will be visiting various venues in Calderdale. They are available to answer your questions about your children aged 0-5... [Times and venues...](#)

Unique Ways Afternoon Tea – Brighouse

Unique Ways is hosting an afternoon tea on **Friday 22 February 2019, 1:00pm-2:30pm** at the **Limelight Studios**, Rastrick, Brighouse... [More info...](#)

Better Lives at Number 42 Outreach Sessions

Better Lives at No 42 are holding a number of outreach sessions for those who find it difficult to get to the service in Halifax. The new sessions are in Brighouse and Hirstwood helping with health & well-being, promoting independence, support for carers and information about technology... [Session details...](#)

Activities to Stay Well, Live Better in Elland and Calderdale Lower Valley

Check out what's happening in Elland, Rastrick and the rest of the Lower Valley with the **Staying Well** Activity Guide... [Download the full guide here...](#)

Chit Chat Group at Canon Winter Centre, Elland

The Chit Chat group at the **Canon Winter Centre**, Elland meets on the **2nd and 4th Wednesday** of the month. Meetings start with tea, coffee and biscuits, along with a chat, both with new found friends and friendships renewed. Activities at meetings range from board games to Beethoven. [Find out more...](#)

Do you know someone who's feeling lonely?

Talk to the Staying Well Hub – call us on 01422 392767

Local Sports Centres

- [Brighthouse Swimming Pool and Fitness Centre](#) – Tel. 01422 28806
- [Halifax Swimming Pool](#) - Tel. 01422 366624
- [Sowerby Bridge Pool](#) - Tel. 01422 288078
- [Northbridge Leisure Centre](#) - Tel. 01422 341527

Employment and Training

Calderdale Apprenticeship Event – 6 March 2019

Want to know about apprenticeships? You can find out more at CK Careers Apprenticeship for young people and their parents on Wednesday 6 March at The Shay Stadium... [details...](#)

Accredited Courses at The Learning Cafe, Brighthouse

Creativity in Practice will be delivering the first Learning cafe hosted by **Focus4Success** on **Wednesday 16 February, 12:00pm-2:00pm** at The Room, Brighthouse, at **The Old Town Hall** for those wanting to undertake accredited courses... [Find out more...](#)

Good Sense Research Food and Drink Research Panels

Good Sense Research are organising Food and Drink Research Panels at the University Business Centre at Piece Mill in Halifax and are looking to increase the pool of people invited to take part. Every one that completes a panel receives a Love2Shop voucher in return. [Find out more...](#)

Work Club at Elland Children's Centre

FREE guidance & support with job searching & CV writing for families & young people looking for work, training, volunteering opportunities, apprenticeships or short courses. Held **every Monday – 1:00pm to 3:00pm** at Elland Children's Centre, go along for a cup of tea and a chat or call Elland Children's Centre on **01422 266197** for more information.

Volunteer Opportunities

Volunteer Vacancy – Van Driver/bread Delivery

Love Bread is a community bakery in Brighthouse, baking real bread 6 days a week. They are looking for a friendly delivery driver to join our large volunteering team. Days will include Saturday and Wednesday plus holiday cover. Hours are mornings – usually between **8:30am and 11:00am**. [Details...](#)

Healthy Minds Calderdale Seeks a New Trustee

Healthy Minds Calderdale is seeking a new trustee to join its Board, who will take on the role of Chair of the Board as the current Chair is stepping down after a number of years. Applicants will need to have a commitment to furthering the aims of the organisation, experience of committee work, knowledge of mental health and some awareness of the voluntary sector in Calderdale. Closing date for applications is 18 February... [details...](#)

Volunteer with Home Start Calderdale

Home Start Calderdale is currently looking for volunteers who have parenting experience to support families in the local area by visiting them and offering friendly and practical support. By giving just 2 hours a week you can help local families to cope with the pressures they are facing and make a difference to both parents and children. [Find out more...](#)

Latest Jobs

- **Volunteer Vacancy – Van Driver/bread Delivery**
- **Receptionist Administrator – Kevin Pearce Children’s Centre**
- **Advanced Administrator – Innovations Children’s Centre**
- **Food and Drink Research Panels – Good Sense Research**
- **Care Assistant – Comfort Call**
- **Right Steps to Work**
- **Ever thought about a career in childminding?**

And finally...

News from other areas

We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the [Central Halifax](#), [Halifax North & East](#) and [Upper Valley](#) areas too? And regular updates!

Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer by asking them to email us
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

Lower Valley Neighbourhood Team and Staying Well

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