



[LV Blog](#) and [N&E Friday Flyer](#) covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

LV Friday Flyer – 25 January 2019

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The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley. We hope you will find this informative and useful. **Let us know what you think!**



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Latest News

Cabinet Budget Proposals for Consultation

The Cabinet's budget proposals are now available for consultation on the **Calderdale Council website**. The draft proposals were tabled at the Cabinet meeting on **14 January**, marking the start of a **28 day public consultation**. There will be three drop in events to discuss the budget proposals as follows;

Brighouse

Monday 28 January, 2:00pm-6:00pm

Brighouse Library

Halifax Rd, Brighouse HD6 2AF

Halifax

Tuesday 5 February, 12:00pm–6:00pm

Halifax Town Hall

Crossley Street, HX1 1UJ

The Cabinet is required to make further savings of £900,000 to achieve a balanced budget in 2019/20 on top of those which have been agreed by Council in previous years. It is anticipated that savings of £6.7million will be required in 2020/21 and £7.6million in 2021/22.

The future spending plans of the Government along with a comprehensive review of how councils are financed are due to be announced later this year. This uncertainty means that this year's Cabinet budget proposals cover only the spending and savings decisions required in 2019/20 for which funding levels are known.

A major public consultation about the future structure and management of the Council will be held later this year, which will guide future budget proposals in subsequent years once there is greater certainty about government funding levels.

To help the Council maintain essential local services, the financial plan for 2019/20 retains the 2.99% rise in Council Tax rates agreed during last year's budget process.

[Read the full proposals...](#)

Crime Prevention Advice from West Yorkshire Police

West Yorkshire Police have offered advice on crime prevention and home security in a number of leaflets that can be downloaded [here](#). Advice is given on secure locks, burglary and car security. [Further details...](#)

Get Involved / Have Your Say

Elland Regeneration – Open Public Meeting

Craig Whittaker MP has organised an open public meeting to discuss regenerating Elland Town Centre. The meeting will take place on **Friday 1 February, 6:30pm** in the **Canon Winter Centre** at All Saints Church. The purpose of the meeting will be to try to bring together businesses, voluntary/community groups, residents, and Calderdale Council, to both discuss some of the planned projects in Elland and some of the ways to work together to make improvements to the town centre. [Find out more...](#)

Oska Bright Film Festival Open for Submissions Until 30 March 2019

The Oska Bright Film Festival 2019 is now calling for submissions. Oska Bright Film Festival was founded in 2004 by a group of learning disabled filmmakers frustrated at having nowhere to show their work. Starting as a one day celebration of work, the festival has since grown hugely in size and impact. Submit your film to be in with a chance of screening at the world's leading learning disability short film festival. [Details...](#)

Friends of Rastrick Library Extraordinary General Meeting

On **Thursday, 7 February, 6:30pm** there will be an Extraordinary General Meeting of the Friends of Rastrick Library. At the meeting, there will be the annual election of officers, deferred from the AGM in November, and there will also be some proposals for some minor changes to the constitution. [Get involved...](#)

Happy Days Cycles Rough Ride Raising Money for the Homeless

Happy Days Cycles and Cafe are raising money once again this **February** for Happy Days Homeless Charity. The group will set off from Halifax and cover the length and breadth of the North of England, stopping at York, South Shields, Carlisle and Morecambe before arriving back in Sowerby Bridge on Friday, February 8. [Further details..](#)

Help Healthwatch to Improve Social Care in Calderdale and Kirklees

For the next 12 months, Healthwatch Calderdale and Healthwatch Kirklees are focussing on the experience of people using **Adult Social Care** services. They want to collect detailed feedback across a few months to help give a clear picture of what it's really like to use those services. [Get involved...](#)

Happy Days Homeless Charity Big Sleepout

Join **Happy Days Cycles and Cafe** for their **Big Sleep Out** at Sowerby Bridge Cricket Club from **Sunday 8 February, 7:00pm**. Sleep under the stars to raise money for the homeless. There will be a hot supper for the sleepers and music from the **Landlubbers**. [Get involved...](#)

Events and What's On

This weekend! Sculpture Season Launch – Friday 25 January

Enjoy Burns Night and celebrate the launch of the new season of **Sculpture at The Piece Hall** on **Friday 25 January, 5:00pm-8:00pm**. Experience 'The Blanket' by artist David Murphy. There will be live music, food, drink, fire, and children's activities – a free fun event for all the family. [More info...](#)

This weekend! Willow Sculpture Family Workshop

On **Saturday 26 January, 10:30am-3:00pm** have some family fun with the Willow Sculpture Family Workshop. Join artist Frank Darnley in **The Piece Hall** Courtyard to celebrate his fantastic sculpture by contributing to a huge willow sheep artwork which will be created throughout the day. Make your own foil version to take away. [More info...](#)

***This weekend!* FREE Creative Writing Course at King Cross Library**

The aim is to develop writing skills and to produce a collection of work. Writing exercises suitable for novices or more experienced writers. There are two meetings per month from 26 January starting on **Saturday 26 January 2019, 1:00pm-3:00pm**. [Further dates...](#)

***This weekend!* Holocaust Memorial Day Commemorated by Calderdale Interfaith Council**

Whilst **Holocaust Memorial Day** is actually Sunday 27 January, this year's Interfaith Council event is on **Thursday 31 January, 1:00pm** with the theme "*Torn from Home*" and is being hosted by **Calderdale College**. [Find out more...](#)

The Battle of Heptonstall Community Play

A community play based upon the 1643 English Civil War battle the ***Battle of Heptonstall*** will be shown at **St Thomas the Apostle Church in Heptonstall** from **Thursday 28 February to Saturday 2 March, 7:30pm** and a fourth show at **Halifax Minster** on **Saturday 9 March, 7:30pm**. The script was written by local playwright and director Michael Crowley. [Book now...](#)

Monday Kitchen Lunch Club at St. Andrew's Church

The Lunch Club meets on **Mondays** (except public holidays) at **St. Andrew's Methodist Church**, Halifax. Coffee and tea are served until mid-day when there is a short 'God-spot'. After this there is a lunch of soup, sandwiches and cakes. [Find out more...](#)

Children & Young People

***This weekend!* Peter Pan from the Halifax YMCA Pantomime Society**

The **Halifax YMCA Pantomime Society** presents its production of Peter Pan from **Saturday 26 January to Saturday 2 February** at YMCA, The Marlborough Hall, 13 Crossley Street, Halifax HX1 1UG. More information and ticket prices [here...](#)

Harry Potter Night at Brighouse Library

Harry Potter Night is almost upon us! Join the Brighouse Library Team on **Wednesday 6 February** in the imposing and impressive Brighouse Library for a night of magic lessons and fun and games. Tickets are £10 for children and £8 for adults, but adults will be able to take part in the lessons too. [Book now...](#)

Poetry Competition at Rastrick Library

Now in its third year, this competition is open to anyone currently living in or attending school in Rastrick or Brighouse. There are three age groups: under 11, 11 to 18, over 18, as at 1 September 2018. You can enter a maximum of 2 poems. Poems can be on any subject, of any length and take any form. There is no entry fee. There will be three cash prizes per age group. [Find out more...](#)

Healthy Mums Calderdale Group Starting in Calderdale

It's one of the happiest times of your life, but becoming a mum can also be the loneliest, scariest and most isolating. **Healthy Mums Calderdale** will hold weekly meetings – the first is on **Wednesday 8 February, 7:00pm** at **The Basement Project**. [Details...](#)

EUREKA! 2019 Super Sunday Clubs for Disabled Children

Free clubs for disabled children and their families will be running again in 2019, and bookings are open for the first half of the year! Clubs are completely free, LOADS of fun, and the whole family is welcome! For lots of info about the clubs visit the **Eureka! website**, or call on **01422 330069** to book! **You MUST book in advance and places are limited!** [Book now...](#)

Survey on Mental Health and Emotional Wellbeing in Children Young People

Calderdale Youth Council and the Tough Times Reference Group have devised a survey on Mental Health and Emotional Wellbeing to gather information about the experience of mental health and emotional wellbeing for children and young people aged 5 – 19 (up to 25 for those with learning difficulties or disability) in Calderdale. [Complete the survey...](#)

Have You Ever Considered Fostering?

Fostering is incredibly rewarding. As a foster carer you can make a massive difference to a child or young person and help give them the best possible start in life. Foster carers are amazing people who provide a loving family home. [Check out the possibilities...](#)

Personal Child Health Records Available at NHS Online

The Personal Child Health Record “red book” containing your child’s health information is to be made available to parents online as part of government plans to improve NHS care for mothers and new babies. We do not know the timeframe for this yet in Calderdale but will keep you posted. [Find out more...](#)

Local Cinemas and Theatres

[Vue Halifax](#) – [The Rex Cinema](#) - [Hebden Bridge Picture House](#) – [The Victoria Theatre Square Chapel Centre for the Arts](#) – [Halifax Playhouse](#) – [King Cross Library Film Club](#)

Health and Staying Well

Understanding Dementia Online Course in February 2019

Understanding Dementia is a Massive Open Online Course (MOOC), offering university-quality education about the latest in dementia research and care. This free course provides an opportunity to engage with the perspectives of an international community, without requiring exams or assignments. **Enrolment closes Friday 8 March.** [Find out more...](#)

New Dads Can Have Postnatal Depression Too

Did you know that **the risk of depression doubles in the first year of being a dad**, first time dads are particularly vulnerable, 1 in 10 dads-to-be will become depressed during their partner’s pregnancy, the peak time of postnatal depression in men is 3-6 months after birth, dads under 25 are more likely to experience this. **Insight Healthcare** can help. [More...](#)

Locala Public Health Early Years Service Well Baby Clinics

Locala Calderdale Public Health Early Years’ Service (PHEYS) will be visiting various venues in Calderdale. They are available to answer your questions about your children aged 0-5 across the area Monday to Friday – no appointment is necessary. [Times and venues...](#)

Unique Ways Afternoon Tea – Brighouse

Unique Ways is hosting an afternoon tea on **Friday 22 February 2019, 1:00pm-2:30pm** at the **Limelight Studios**, Rastrick, Brighouse. The aim of the afternoon tea is not only to relax and chat but to share tools, ideas and insight that will help you to recognise and improve the mental health and wellbeing of your young person. [More info...](#)

Home Bargains Introduce Quiet Hour for Autistic People

Following the lead of a number of supermarkets, discount retailer Home Bargains in Halifax, has introduced a weekly quiet hour to create a calmer environment for shoppers with autism. The quiet shopping hour takes place **every Saturday, between 9:00am to 10:00am.** [Find out how and why...](#)

Young Adult Carers Calderdale – January 2019 Newsletter

The special **Young Carers Newsletter** will give some suggestions of things that can help improve carers' lives for the better. Find out about the advice and some of the young carers' activities [here...](#)

Better Lives at Number 42 Outreach Sessions

Better Lives at No 42 are holding a number of outreach sessions for those who find it difficult to get to the service in Halifax. The new sessions are in Brighouse and Hirstwood helping with health & well-being, promoting independence, support for carers and information about technology such as pendant alarms. [Session details...](#)

Activities to Stay Well, Live Better in Elland and Calderdale Lower Valley

Check out what's happening in Elland, Rastrick and the rest of the Lower Valley with the **Staying Well** Activity Guide. Download the full guide [here](#).

Chit Chat Group at Canon Winter Centre, Elland

The Chit Chat group at the **Canon Winter Centre**, Elland meets on the **2nd and 4th Wednesday** of the month. Meetings start with tea, coffee and biscuits, along with a chat, both with new found friends and friendships renewed. Activities at meetings range from board games to Beethoven. [Find out more...](#)

Do you know someone who's feeling lonely?

Talk to the Staying Well Hub – call us on 01422 392767

Local Sports Centres

- [Brighouse Swimming Pool and Fitness Centre](#) – Tel. 01422 28806
- [Halifax Swimming Pool](#) - Tel. 01422 366624
- [Sowerby Bridge Pool](#) - Tel. 01422 288078
- [Northbridge Leisure Centre](#) - Tel. 01422 341527

Employment and Training

Accredited Courses at The Learning Cafe, Brighouse

Creativity in Practice will be delivering the first Learning cafe hosted by **Focus4Success** on **Wednesday 16 February, 12:00pm-2:00pm** at The Room, Brighouse, at **The Old Town Hall** for those wanting to undertake accredited courses in Mentoring, Helping Others, Awareness of Mental Health and volunteering. [Find out more...](#)

Good Sense Research Food and Drink Research Panels

Good Sense Research are organising Food and Drink Research Panels at the University Business Centre at Piece Mill in Halifax and are looking to increase the pool of people invited to take part. Every one that completes a panel receives a Love2Shop voucher in return. [Find out more...](#)

Work Club at Elland Children's Centre

FREE guidance & support with job searching & CV writing for families & young people looking for work, training, volunteering opportunities, apprenticeships or short courses. Held **every Monday – 1:00pm to 3:00pm** at Elland Children's Centre, go along for a cup of tea and a chat or call Elland Children's Centre on **01422 266197** for more information.

Volunteer Opportunities

Volunteer with Home Start Calderdale

Home Start Calderdale is currently looking for volunteers who have parenting experience to support families in the local area by visiting them and offering friendly and practical support. By giving just 2 hours a week you can help local families to cope with the pressures they are facing and make a difference to both parents and children. [Find out more...](#)

Latest Jobs

- **Early Years Practitioner – Elland Children’s Centre**
- **Receptionist/Administration Assistant – Temporary Post – Field Lane Children’s Centre**
- **Receptionist Administrator – Kevin Pearce Children’s Centre**
- **Advanced Administrator – Innovations Children’s Centre**
- **Advanced Administrator – Elland Children’s Centre**
- **Food and Drink Research Panels – Good Sense Research**
- **Vehicle Technician/MOT and Taxi Compliance Tester**
- **Recruitment Assistant – Halifax**
- **Junior Administrator – Holywell Green**
- **Volunteering Development Officer – VSI Alliance**
- **Care Assistant – Comfort Call**

And finally...

News from other areas

We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the [Central Halifax](#), [Halifax North & East](#) and [Upper Valley](#) areas too? And regular updates!

Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer by asking them to email us
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

Lower Valley Neighbourhood Team and Staying Well

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