

# LV Friday Flyer – 27 July 2018

Covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

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The Friday Flyer is a weekly round-up of news and what's on in the Lower Valley.

Information about ward forum meetings and other ways to have your say will also be advertised here. Please click the links for further information on the Lower Valley Blog.

We hope you will find this informative and useful. Let us know what you think!



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#### News

### Is Someone Missing Their Friday Flyer?

The new General Data Protection Regulations came into force on **May 25 2018**. It may be that one of your friends or colleagues forgot to re-subscribe and is missing their Friday Flyer but no need to worry. They can easily see the Flyer on the **blog** or subscribe to our mailing list again by clicking to **stay in touch**.

### Heat-health Watch Alert: Level 3 – Heatwave Action

This level of warning was issued Wednesday 25 July 2018. There is a 90% probability of heatwave conditions between 9:00am on Monday and 9:00am on Saturday in parts of England.

#### Tips for coping in hot weather

- Shut windows and pull down the shades when it is hotter outside. You can open the windows for ventilation when it is cooler.
- Avoid the heat: stay out of the sun and don't go out between 11am and 3pm (the hottest part of the day) if you're vulnerable to the effects of heat.
- Keep rooms cool by using shades or reflective material outside the windows. If this isn't possible, use light-coloured curtains and keep them closed (metallic blinds and dark curtains can make the room hotter).
- Have cool baths or showers, and splash yourself with cool water.
- Drink cold drinks regularly, such as water and diluted fruit juice. Avoid excess alcohol, caffeine (tea, coffee and cola) or drinks high in sugar.
- Listen to alerts on the radio, TV and social media about keeping cool.
- Plan ahead to make sure you have enough supplies, such as food, water and any medications you need.
- Identify the coolest room in the house so you know where to go to keep cool.
- Wear loose, cool clothing, and a hat and sunglasses if you go outdoors.
- Check up on friends, relatives and neighbours who may be less able to look after themselves.

If you have concerns about an uncomfortably hot house that is affecting your health or someone else's, get medical advice.

#### **Advice on Local and Moorland Fires**

The wildfires on Saddleworth Moor and Holme Moss made national news but there have also been a number of smaller incidents locally which if uncontrolled can become a risk to life and property as well as damaging wildlife in the area. Residents are being reminded to take care when out and about in parks and countryside around Calderdale and West Yorkshire. In order to stay safe and help protect the countryside, residents and visitors should be aware of the following rules when visiting rural and moorland areas:

- Do not discard cigarettes in the countryside; dispose of smoking materials properly and make sure they are completely extinguished
- Clear away bottles, glasses and any broken glass to avoid them magnifying the sun and starting a fire
- Only light fires or barbecues in designated areas using facilities provided.
- Always take extra care if using a barbecue, even in designated areas
- Don't leave camp fires or barbecues unattended and extinguish them properly after you have finished using them

Report any information about illegal fire setting activities and those responsible (anonymously) to Crimestoppers on 0800 555111 or 999 if the crime is happening at the time.

### Want to know what's going on in other parts of Calderdale?

We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the <a href="Central Halifax">Central Halifax</a>, <a href="Halifax">Halifax</a> North & <a href="East">East</a> and <a href="Upper Valley">Upper Valley</a> areas too? And regular updates!

#### Memory Lane Cafe Receives Quality for Health Award

Earlier this month, **Memory Lane Cafe** was presented with their **Quality for Health** award after successfully completing Foundation Level. Memory Lane Cafe is run by June and Chris Harvey and supported by a team of volunteers. The group was set up to support those living with dementia or isolation in Sowerby Bridge, Halifax and the surrounding areas. The cafes are open in Sowerby Bridge (2nd & 4th Saturday of each month between 1:30pm and 4:00pm in St. Paul's Methodist Church) and in Halifax (1st & 3rd Wednesday of each month between 2:00pm and 4:00pm in Maurice Jagger Centre). Read more...

## **Get Involved / Have Your Say**

#### **Vote for the Piece Hall in the National Lottery Awards 2018**

**Time is running out** to vote for the Piece Hall transformation project in the heritage category of the **National Lottery Awards 2018**. The winner is purely down to public votes so your vote really does count. We'd love to see The Piece Hall recognised on national television later this year. Voting runs until **midnight** on **Friday 27 July 2018**. **Vote now...** 

#### Have Your Say! New Plans for North Bridge Leisure Centre

From **Monday 16 July to Monday 13 August** have your say on plans for the new Halifax leisure centre. A feasibility study concluded that a new combined pool and leisure facility at North Bridge site would provide the most cost effective solution. <u>Have your say...</u>

## **Consultation about Calderdale Young People's Service**

Calderdale Young People's Service is reviewing their services and would like hear from young people. To improve the services they provide, they are asking young people to tell of their experiences and make suggestions for improvements in their area. <u>Take the survey...</u>

#### Events and what's on

#### Yorkshire Day at The Piece Hall – One Year On

Celebrate one year since **The Piece Hall** reopened this Yorkshire Day, **Wednesday 1 August, 12:00pm-6:00pm**. The courtyard will be transformed into a community street party with an afternoon of anniversary celebrations with live music, games and more. <u>Find out more...</u>

#### Yorkshire Day at Halifax Borough Market

On Yorkshire Day at Halifax Borough Market on **Wednesday 1 August** there will be lots of **FREE** activities happening throughout the market including a magic show, balloon modelling and kids can join the Market Treasure Hunt. **Find out more...** 

### **Halifax Agricultural Show 2018**

The Halifax Agricultural Show will take place on **Saturday 11 August** at Savile Park. Full details of the show will be posted soon but as usual there will be farm and other animals, handicrafts and produce, entertainment and more. <u>Buy your tickets online...</u>

### **Brighouse Summer Artisan Market**

The next of the new Artisan Markets will be on **Sunday 19 August 2018** with dozens of stalls featuring locally made food and crafts exhibited by Yorkshire producers and businesses. There'll be around 60 stalls across the town centre on. **More**...

### Overgate Hospice – Midnight Walk 2018

**Overgate Hospice**'s annual Midnight Walk, invites supporters to take on a 7 or 13 mile walk starting at, you guessed it, midnight! This year taking place on **Saturday 8 September**, the routes are different each year and remain a secret until the night. <u>Register now...</u>

## **Children & Young People**

#### National Playday at Eureka – on Yorkshire Day!

**Wednesday 1 August** is also National Playday this year and Eureka has a day entirely dedicated to play with lots of free activities outside for you to enjoy with your family, run by **Calderdale Play Development Service** and the **Eureka** team. Please note that normal museum admission still applies if you wish to go inside the museum. **More...** 

#### Teddy Bears Picnic at Holywell Green Children's Centre

Join Elland Children's Centre on **Thursday 2 August, 11:00am-1:00pm** for a Teddy Bears Picnic at **Holywell Green Children's Centre**. Suitable for children 8 years or under, a picnic lunch is provided so just turn up on the day and don't forget your teddy!! **More...** 

#### **Summer Camps at Park Tennis Club**

Want to keep the children active and safe and off their iPads during the summer holiday? These sessions are for you! **Park Tennis Club** is offering lots of tennis and other sports activities through August to ensure they will be kept busy! Check the sessions and book now...

#### Storytots – The Tiger Who Came to Tea

There is a Storytots session, suitable for children aged 2-4, inspired by the well-loved book '*The Tiger Who Came to Tea*' by Judith Kerr at Elland Library on **Wednesday 8 August, 10:30am-11:30am**. You will listen to the story and make your own tiger-themed crafts. You will even get to play the brilliant game, Pin the Tail on the Tiger! <u>Book your place...</u>

#### **Dr Simpo's Crazy Comic Day**

Develop your artistic side in the inspiring new Imaginarium at Central Library on **Friday 10 August, 10:00am-3:30pm.** This is your opportunity to learn with top artists and explore a variety of artistic mediums. Celebrate 80 years of the Beano with the 'Comic Book Creators' workshop and have a go at creating a crazy character of your very own. <u>Book now...</u>

#### Do Something! in the Summer Holidays

The **Do Something!** guide helps you to plan an action packed holiday with your children in Calderdale. Whether you get out on your bike, stream dip for minibeasts, play games in the pool with Fish-tastic or dig up the past there's lots to explore. <u>Find an activity now...</u>

### **FREE Summer Holiday Activities at Orange Box**

Orange Box young people's centre will be hosting **FREE** Summer Holiday activities over the school holiday for ages 13 – 19 years. Activities will run from **Wednesday 25 July to Friday 31 August, 2:00pm–4:00pm**, Monday – Friday (excluding August Bank Holiday). <u>More...</u>

### Kids' Book Club on Mondays at Happy Days Cafe

On **Mondays, 10:30am-12:30pm** from 30 July there will a kids' book club at Happy Days Cycles and Cafe in Sowerby Bridge. Share a morning of crafts, reading and a love of stories. Bring your own favourite books and join in the fun. Join in...

#### **New Poster for IDENTITY Group for LGBTQ Young People**

IDENTITY is proud to announce that the new poster has been created 'in-house' by some of the members of the group. Identity is an LGBTQ group that offers confidential support and advice to all young people aged 12–18 years regarding sexual and gender identity. More about IDENTITY...

#### **Local Cinemas and Theatres**

<u>Vue Halifax – The Rex Cinema – Hebden Bridge Picture House – The Victoria Theatre Square Chapel Centre for the Arts – Halifax Playhouse – King Cross Library Film Club</u>

## **Health and Staying Well**

#### **Morrisons Introduce Quiet Hour for Those with Autism**

Morrisons Supermarkets have introduced a 'Quieter Hour' across all stores. From **9:00am until 10:00am every Saturday morning**, they will attempt to make the store environment quieter and calmer for customers by dimming the lights, turning music off, avoid making tannoy announcements and turn checkout beeps down. Read Morrisons statement...

### **Survey on Cancer Recovery Package**

Are you a cancer patient who has received treatment in West Yorkshire and Harrogate? West Yorkshire and Harrogate Cancer Alliance is keen to find out patients' experience of being offered any of the different parts of the 'Recovery Package'. Take part in the survey...

#### Do you know someone who's feeling lonely?

Talk to the Staying Well Hub – call us on **01422 392767** 

#### **Local Sports Centres**

- Brighouse Swimming Pool and Fitness Centre Tel. 01422 28806
- Halifax Swimming Pool Tel. 01422 366624

## **Volunteer Opportunities**

### Volunteering, is it for you?

Bored? Need a new challenge? Meet new people – Gain work experience – Increase your confidence. A session at Creations Community Children's Centre on **Tuesday 4 September**, **11:30am-1:30pm** will provide you with all the information you need about becoming a volunteer with North Halifax Partnership Sure Start Children's Centres. <u>Book now...</u>

#### **Volunteering Opportunities with Citizens Advice Calderdale**

Do you know of any young people aged 16-18 who may be wondering what to do over the Summer? Citizens Advice Calderdale is offering a range of activities and a chance to improve employment skills whilst making a difference to people living in Calderdale. <u>Get involved...</u>

## **Employment and Training**

#### Work Club at Elland Children's Centre

FREE guidance & support with job searching & CV writing for families & young people looking for work, training, volunteering opportunities, apprenticeships or short courses. Held every Monday – 1:00pm to 3:00pm at Elland Children's Centre, go along for a cup of tea and a chat or call Elland Children's Centre on 01422 266197 for more information.

#### **Latest Jobs**

- Housing Development Manager WomenCentre
- 2 x Midday Supervisors West Vale Primary School
- Linden Brook Short Break Respite Care for Children with Disabilities Open Day
- Ever thought about a career in childminding?
- Production Operative Halifax
- Cleaner Halifax
- Social Action Work Opportunity Green Future Building
- Community Programmes Director Newground
- Various Vacancies Halifax Opportunities Trust
- Employment support that works for you!
- Scope Starting Line Employment Service for disabled customers

## Friday Flyer - Contact Us:

- Recommend a friend to get the Friday Flyer by asking them to email us
- Publicise an event in the Friday Flyer
- Advertise your service or community group

#### **Lower Valley Neighbourhood Team and Staying Well**

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