



LV Friday Flyer – 12 January 2018

Covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

Email: calderdalelowervalley@gmail.com

Web: www.calderdalelowervalley.com

The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley.

Information about ward forum meetings and other ways to have your say will also be advertised here. Please click the links for further information on the **Lower Valley Blog**.

We hope you will find this informative and useful. **Let us know what you think!**



Follow us on Twitter: [@CaldLValley](https://twitter.com/CaldLValley)



Like Us on Facebook: [CalderdaleLowerValley](https://www.facebook.com/CalderdaleLowerValley)

News

Congratulations to Colin Skeath on Receiving his MBE

We would like to congratulate Colin Skeath, a retired police inspector from Halifax who has been recognised in the New Year Honours for his services to policing the communities of Calderdale and his charity work with an MBE. You may remember that last year Colin gave a talk at Mixenden Activity Centre about his trip around the UK. He set off with his nephew, Davis, to circumnavigate the UK mainland in an open Canadian canoe and 86 days later the journey of around 2500 miles was complete. Colin was the Halifax Town Centre Inspector since 2012 and retired after 27 years as a police officer in January 2017. The last ten years of his career was spent in Calderdale where he was a response Sergeant before becoming the Inspector for Halifax. Through this role Colin met and worked with numerous partners to deliver the best service possible to the communities he served. Colin was also the Inspector on duty during the Boxing day floods of 2015 and remembers the day as one of the toughest 18 hours in his career, as he and colleagues across the district pulled together to come to the aid of people across the Calder Valley.

West Yorkshire Police Chief Constable Dee Collins said: "I am delighted that Colin and Diane have been recognised in the New Year's Honours and congratulate them both. [More...](#)

Calderdale Council on being Winter Wise

It's getting cold out there! Calderdale Council have produced a short film for a guide to staying Winter Wise. Winter is a time when people are at more risk of injury or illness. By thinking ahead you can reduce risk and be prepared should the cold weather hit suddenly. You can also download the download the [Stay Winter Wise booklet....](#)

Want to know what's going on in other parts of Calderdale?

We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the [Central Halifax, Halifax North & East](#) and [Upper Valley](#) areas too? And regular updates!

Ward Forums

- **Brighthouse Ward Forum – 17 January 2018**
- **Hipperholme and Lightcliffe Ward Forum – 18 January 2018**
- **Elland Ward Forum Tuesday 23 January 2018**
- **Greetland and Stainland Ward Forum – Thursday 25 January 2018**

Get Involved / Have Your Say

Join the conversation – #itsokaytotalk

Andy's Man Club **every Monday** in Halifax and Hebden Bridge, **7pm at The Shay Stadium, Halifax, HX1 2YS: 7pm at The Town Hall, Hebden Bridge, HX7 7BY**. Andy's Man Club is a talking group, a place for men to come together in a safe environment to talk about issues/problems they have faced or currently been facing. [Read more...](#)

Fat Cat Print Supporting SmartMove for the Homeless and Vulnerable

SmartMove Calderdale have teamed up with Fat Cat Print of Greetland to support homeless and vulnerably housed in Calderdale. For every individual or company that buys a woolly hat between **1 January and 1 April 2018**, plain or embroidered, Fat Cat Print will donate a warm hat and a warm pair of socks to a homeless or vulnerable person. [More information...](#)

Play Disability Football with Greetland Goldstars FC

If you or someone you know have a disability and are looking to try something new, then disability football may be just the thing for you. Greetland Goldstars have sessions **every Saturday – 11am to 12pm** at **3Gi Soccer**, Shaw Lodge Mills, Halifax. [Details...](#)

Community Transport Urgently Needs Volunteer Car Drivers

Community Transport Calderdale is a leading charity whose aim is to provide transport for reasons of ill health, disability, isolation, or social exclusion. Volunteer car drivers are urgently needed in the Elland and Brighthouse Areas. [Contact details...](#)

Over 50s Walking Football at 3Gi Soccer

Every Friday at 3Gi Soccer, Shaw Lodge Mill, Halifax there is a Walking Football session for the over 50s **11:00 – 12:00**. The £4 per person admission fee includes refreshments. [More...](#)

Events and what's on

***This weekend!* Retro Games Drop in Session at Halifax Central Library**

@RetroEventsLtd is coming to the new Central Library on **Saturday 13 January**. If you fancy playing some classic video games such as Crash Bandicoot or Sonic the Hedgehog, why not go along! This is a **FREE** event aimed at the whole family, **9.30am-4pm**. [More...](#)

***This weekend!* Baby and Children's Pre-loved and New Market**

On **Sunday 14 January, 10am-12:30pm** at **Bailiff Bridge Community Centre** there will be a chance to buy and sell new and pre-loved baby and children's items. It is free admission for the general public. [Book a stall now...](#)

Elland Working Men's Club Over 60s Club

The Over 60's Club runs each **Tuesday** at Elland Working Men's Club and is a great way to socialise with like-minded people. Starting at **2pm** and finishing around 4pm, there is Bingo, Raffle a tea break during the afternoon a great chance to get to know people. [More...](#)

Calderdale Heritage Walks: The Changing Face of Sowerby Bridge

The next walk is on **Sunday 28 January, The Changing Face of Sowerby Bridge** tracing the development and regeneration of the centre of this mill town over the years. Suitable for wheelchairs. Dogs must be on a lead. [Where to meet and full programme...](#)

Holocaust Memorial Day 2018

Calderdale Interfaith Council in partnership with Calderdale Council is commemorating the **Holocaust Memorial Day 2018** on **Monday 29 January** at **1pm–2pm** at Crossley Heath School. For 2018, the Holocaust Memorial Day Trust has chosen the theme, '*The power of words*'. Crossley Heath School pupils will be participating in the commemorations by displaying artwork, reflecting on their work and sharing poetry. [Further details...](#)

Mum2Mum Market in Sowerby Bridge

On **Saturday 3 February – 1.15pm to 3.15pm** at Trinity Academy there will be over 30 stalls selling excellent condition baby and children's goods at bargain prices. Well-known brands at a fraction of high street prices. Everything imaginable for your little ones. [Details...](#)

LGBTQ History Month: Healthy Identities Training

On **Tuesday February 13** as part of LGBTQ history month, Barnardo's Healthy Identities is hosting training around LGBTQ awareness for health and voluntary professionals across Calderdale. The event is free but you are asked to register at Eventbrite. [Register now...](#)

Children & Young People

Free Family Swim with Sure Start and Brighthouse Pool

NHP Sure Start Children's Centres in the Lower Valley welcome you to a New Year's Family Fun and Fitness afternoon – for FREE! At Brighthouse Swimming Pool and Fitness Centre on **Sunday 4 February 2018**, 2pm – 5pm. This offer is open to Sure Start registered families and you MUST book a place in advance. Call **01484 714768** to check you are registered or to register now. [Details...](#)

FREE Community Event – Mum's First Aid

On **Saturday 17 February, 10:00am-1:00pm**, Elland Round Table and Elland Ladies Circle will be offering FREE paediatrics first aid for mum's in the local area (limited to 20 Spaces for mum's aged 18-44) at **Southgate Methodist Church**. [Book a place now...](#)

Sports Membership Scheme for Disabled Children and Young People

Calderdale Sports Services have been running a new membership project aimed at assisting and promoting the inclusion of SEND children and young people. The scheme enables children and young people 5-25 to access swimming and gym provision across all Sports Services facilities. The cost is £10 per month with no joining fee. [Apply now...](#)

Local Cinemas and Theatres

[Vue Halifax](#) – [The Rex Cinema](#) - [Hebden Bridge Picture House](#) – [The Victoria Theatre Square Chapel Centre for the Arts](#) – [Halifax Playhouse](#) – [King Cross Library Film Club](#)

Health and Staying Well

CREW and Heartbeat Walks Winter and Spring 2018

CREW Heart Support Group has published the programme for walks in the winter 2018. The next walk will be around Norland Moor on **Tuesday 23 January** and be led by Brian Birkby. Meet at the **Spring Rock Inn** at **10am** for a 5 mile walk. [Programme and shorter walks...](#)

Healthy Minds 'Well Aware' Course at Brighthouse Library

This 6 week 'Well Aware' course will run on **Mondays 5, 12 & 26 February and 5, 12 & 19 March** between **12:30** and **2:30 pm**. You will explore personal mental health and ways in which we can develop a deeper sense of awareness about ourselves, our experiences and our wellbeing. You will cover themes such as strength based approach, identifying values and beliefs, managing emotions and much more. [Course details and other courses...](#)

Get Back on Track with Sports Membership Offer

If you're looking to kick start your New Year then why not take advantage of Sport Calderdale's special New Year offer. If you join the fitness membership during January you can get 12 months for the price of 11. [Offer details...](#)

Activities in 2018 at Christ Church, Hipperholme

Christ Church LEP at Hipperholme will be starting some weekly activities in the New Year on **Tuesdays** from the **9 January**, Art and Tai Chi and on **Thursdays** from **11 January**, Kurling and Gentle exercise. [Times and more information...](#)

Better Living Team's Free 10 Week Family Club

Are you and your family looking to be more active and lead a healthier lifestyle? The **Better Living Team's** FREE 10 week family club gives you the opportunity to work with instructors who can help you with this in a fun yet informative way. The next course starts on **Saturday 13 January** for 10 weeks **10am -12pm** or **1pm – 3pm**. [Details...](#)

Relaxation Workshop from Insight Healthcare

This Workshop will be on **Monday 15 January 2018 6pm to 7:30pm** and will look in detail at relaxation techniques and how you can implement them into your everyday life. It will be great for you if you are interested in improving your self-care and wellbeing or are experiencing stress and anxiety. The event is free but you do need to [register...](#)

Healthy Minds 'Visual Story Telling' Workshop

Visual Story Telling is a creative workshop where you will explore what makes us unique; our experiences, strengths, abilities and what matters to us through using art and imagery. The workshops will run for 2 hours per week at **Southgate Methodist Church**, Elland on **Thursdays 8 and 15 February** between 12:30 and 2:30 pm. [More details...](#)

Keep up to date! New Staying Well website and newsletter

Our new Staying Well project website can be found online at www.stayingwellhub.com. You'll find information about the service and links to what's going on locally and make a referral yourself. [Read more...](#)

Do you know someone who's feeling lonely?

Talk to the Staying Well Hub – call us on **01422 392767**

Local Sports Centres

- [Brighthouse Swimming Pool and Fitness Centre](#) – Tel. 01422 28806
- [Halifax Swimming Pool](#) - Tel. 01422 366624

Volunteer Opportunities

Disability Support Calderdale – Looking for Volunteers

DSC is running seated fitness sessions for older people at Elland and Ovenden and is looking for volunteers who have an interest in fitness and exercise. There is a qualified fitness instructor who is running the sessions. This is a good learning opportunity for those who want to be involved in the fitness field. [Contact details...](#)

Volunteers Needed for Winter Homeless Shelter

The Gathering Place winter homeless shelter runs from Jan – Mar. If you are interested in volunteering as a Befriender, Evening Team Leader, Morning Support, Evening or Morning Cook, Kitchen Assistant or as an Overnight Volunteer, please get in touch. [Volunteer now...](#)

Employment and Training

Work Club at Elland Children’s Centre

FREE support every Monday for families & young people looking for work, training, volunteer opportunities, apprenticeships and more at Elland Children’s Centre... [Details...](#)

Latest Jobs

- [Dementia Friendly Communities Coordinator – Alheimers society](#)
- [Asset Portfolio Officer \(West Yorkshire + Transport Fund\)](#)
- [Part-Time Store Colleague – Pets at Home](#)
- [Office Assistant – Halifax Windows Ltd](#)
- [Pharmacy Assistant – Ovenden pharmacy](#)
- [Customer Assistant – Lidl, Halifax](#)
- [Executive Assistant \(The Piece Hall\)](#)

Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

Lower Valley Neighbourhood Team and Staying Well

Tel: 01422 255402

Email: calderdalelowervalley@gmail.com

Web: www.calderdalelowervalley.com



Follow us on Twitter: [@CaldLValley](https://twitter.com/CaldLValley)

If you're on our mailing list the Friday Flyer will arrive direct to your inbox every Friday. If you would prefer not to receive this email please contact us at calderdalelowervalley@gmail.com to ask to be removed from the mailing list. The [Lower Valley Blog](#) is updated daily and can also be subscribed to for free.

If you know someone who should also receive the Friday Flyer you can **recommend a friend** by emailing us at calderdalelowervalley@gmail.com