



LV Friday Flyer – 6 October 2017

Covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

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The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley.

Information about ward forum meetings and other ways to have your say will also be advertised here. Please click the links for further information on the **Lower Valley Blog**.

We hope you will find this informative and useful. **Let us know what you think!**



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News

Free Energy Levels Cooking Sessions

We'll be running 90 minute sessions where you can try out a number of energy saving recipes with 'taste and share' at the end of the session, and take away your NHP Energy Levels Cook Book. Some sessions will be especially for families with children, others will be for adults, and young people. The next session in the Lower Valley will be Wednesday 1 November – Wellholme Park Children's Centre, Brighouse. [More session dates...](#)

Halifax is a Start or Finish Location for the 2018 Tour de Yorkshire

Halifax has been chosen as one of the eight host locations for the 2018 Tour de Yorkshire, meaning a stage of the race will start or finish in the town!

The stages for the newly expanded fourth edition will begin or end in Barnsley, Beverley, Doncaster, Halifax, Ilkley, Leeds, Richmond and Scarborough.

Organisers Welcome to Yorkshire and the Amaury Sport Organisation (A.S.O.) revealed that the newly expanded four-day men's race will take place between **3-6 May**.

The Asda Women's Tour de Yorkshire – which is doubling in size from one to two days – will be held over **3-4 May**.

The third edition of the Tour de Yorkshire took place this April and saw the race go from strength to strength once again. A record 2.2 million spectators lined the route and generated £64 million for the Yorkshire economy. The action was also beamed live in 180 countries and attracted 9.7 million global TV viewers on Eurosport and ITV alone.

The full 2018 race route will be unveiled on Tuesday 5 December 2017 – this announcement will include exact start and finish locations and the distance and profile of each stage.

Love the LV Blog? Want to know what's going on in other parts of Calderdale?

We link to lots of groups and services in your area and try to bring information about events and activities together in one place. Did you know there are blogs covering the [Central Halifax](#), [Halifax North & East](#) and [Upper Valley](#) areas too? And regular updates!

Get Involved / Have Your Say

Cohesion & Integration Strategy – Calderdale Council Consultation

Calderdale Council is currently consulting on a draft Cohesion and Integration Strategy for the borough. This is your opportunity to get involved and shape the future direction of this strategy. Cohesion and Integration is about celebrating the diversity of our communities, while fostering a sense of common ground and good relations between them. The public consultation closes on Friday 27 October at 5pm. [Have your say...](#)

Next week! Join Elland & District Partnership

The Elland & District Partnership are still looking for interested people to join them in their various activities to improve the Town. Their next Open Meeting is on **Tuesday 10 October** at **Willow Court** starting at **7pm**. [Get involved...](#)

Have your say on GP services in Calderdale

NHS England are making extra funding available to CCGs for use in order to improve access to GP services, by offering more appointments with GPs and Nurse Practitioners. Additional GP appointment slots may be delivered as routine pre-bookable appointments at evenings and weekends. Give your views by [completing the survey...](#)

Events and what's on

Advertise your 2017 Halloween and Bonfire events with us

Are you holding a public Halloween or Bonfire event this year?.. Let us know and we will advertise it for you. Last year we received over 6,000 blog views in October and November as people started to look for local Halloween and Bonfire Night events to attend. If you are holding a Halloween or Bonfire event this year and would like us to advertise for you, [please email us here](#) to have it featured in our [Friday Flyer](#).

Note – The email subject is pre-written to ensure your event isn't lost or overlooked!

This weekend! Brighouse Arts Festival 7-14 October 2017

The Brighouse Arts Festival 2017 is here! With a great selection of artists, entertainment and events check out 'What's On' for the full line up. Expect contemporary, improvised, fun and interactive street entertainment and theatre for all of the family to enjoy on the streets of Brighouse for the opening day from **12pm-4pm**. FREE to enjoy. [Read more...](#)

Next week! CREW and Heartbeat Autumn and Winter Walks 4 miles+

CREW Heart Support Group have just updated their longer winter walks programme, starting from various places in the Calder Valley and beyond. Coming soon is 'Lanes Wood with History' on **Tuesday 10 October**. [Details of this and other walks...](#)

Gospel Street on Tour comes to Christ Church, Hipperholme

Christ Church at Hipperholme Crossroads is thrilled to be hosting a **Riding Lights** production called **Gospel Street** on **Friday 13 October 2017** at **7 pm**. **GOSPEL STREET** is a powerful mix of theatre, music, comedy and spoken word. [Read more and book a ticket...](#)

Juliet Barker – Author Talk on Branwell Bronte at Rastrick Library

On **17 October 7pm-9:30pm** at **Rastrick Library** Juliet Barker, an expert on the Bronte's, will be concentrating on Branwell Bronte whose 200th anniversary it is this year. Juliet is and this event is being run partnership by Calderdale Libraries and the Friends of Rastrick Library. [Further details...](#)

'Spread a Little Happiness' at St. Matthew's Church, Lightcliffe

On **Saturday 21 October 2017 at 7:30pm** St. Matthew's, Lightcliffe will once again play host to a feast of outstanding music when Royal Northern College of Music graduates, Juliet Montgomery and Aidan Edwards, return to sing favourites from a range of English musicals. They will be supported by The Northowram Singers, and accompanied by a superb musical ensemble, led by musical director Rob Paxman. [Book a ticket...](#)

Children & Young People

Do Something! Calderdale Activities September 2017 – January 2018

Autumn in Calderdale brings with it lots of great activities to keep you busy as the nights draw in. As always, there's plenty to do during October half term and in the run up to Christmas don't miss our festive shows at the Victoria Theatre. [Download the brochure...](#)

Sure Start Children's Centres Increased Presence on Social Media

To keep people updated with what they are doing more in real time, Sure Start Children's Centres are pleased to announce that as well as the general Facebook page they have now set up Facebook pages for each of the individual Centres and will use these to promote the services on offer as well as showing you what's been going on in day care. [Find your centre...](#)

Fun Swim Sessions at Brighthouse Pool for Disabled Children

Does your child or young person like to play in the water? Sports Services are delivering 'fun swim' sessions for disabled children and young people aged 5 to 18 years. Sessions will help to promote positive experiences for children, gaining confidence in the water, developing friendships and encouraging social activities. The sessions will take place at **Brighthouse Pool, Sunday 15 October 3-4pm and Sunday 26 November 3-4pm**. [Book now...](#)

Greetland Goldstars Girls Team – Training now!

Greetland Goldstars are currently searching for new players to join the girls football teams, which play in the West Riding Girls League. Training sessions for under 9's and under 11's teams are **every Thursday – 5.30pm to 6.30pm** at **Greetland Community Centre**. [More...](#)

Unique Ways – Conference and Care Survey

Unique Ways, the charity which supports families with disabled children aged 18-25 is seeking the views of those families in a Carers Needs Assessment. Also soon is the Early Years SEND Conference at Savile Park School on **Saturday 14 October** from **9:15am to 3:30pm** which will focus on the practical ideas to enhance the learning and development of children with SEND. [Further details...](#)

Owl Babies Yoga at Forgotten Forest

On **Sunday 22 October** at the people at Forgotten Forest will be doing gentle yoga poses based around the book owl babies with a special guest visitor Rachel from Senses and Touch. Suitable for toddlers and preschool ages but other ages are welcome. [Details...](#)

Buggy Walks at Wellholme Children's Centre

On the first Friday of each month meet at **9:15am** to join a buggy walk from Wellholme Children's Centre. Meet new people, enjoy the fresh air and chat about all and sundry. The next walk is on **3 November** but if you can't make that there is a walk **1 December**. [More...](#)

Forgotten Forest Under 8's Halloween Special

On Tuesday 31 October Forgotten Forest will be having a special under 8's Halloween session. Lots of Halloween fun with apple bobbing, broom making, worm soup eating. Feel free to dress up. The morning starts off with a welcome around the log circle, a site safety chat and information about all the fun things to do. [Join in the fun...](#)

Local Cinemas and Theatres

[Vue Halifax](#) – [The Rex Cinema](#) - [Hebden Bridge Picture House](#) – [The Victoria Theatre Square Chapel Centre for the Arts](#) – [Halifax Playhouse](#) – [King Cross Library Film Club](#)

Health and Staying Well

25 Years of World Mental Health Day

Since 1992 people all over the world have been holding events, making announcements and celebrating World Mental Health Day and on Tuesday 10 October they will be doing so again. This year's theme set by the World Federation for Mental Health is mental health in the workplace. [Find out more...](#)

Support after suicide

Suicide can have a massive, wide reaching impact on those who are bereaved and affected. To make sure that people who are affected by suicide are offered appropriate support, when they need it, Suicide Bereavement UK has launched a national survey. Its aim is to collect evidence of the impact of suicide in the UK, where support is good, and where there needs to be more. If you have been touched by suicide please [complete the survey](#).

Thriving not just surviving: Young Men and Mental Health

Comic Relief is seeking proposals to deliver specialised mental health provision which puts the needs of young men at the heart of their work. They are especially interested in funding organisations that test out different approaches to engagement and support to establish what works. Stigma and gender stereotypes remain key barriers to young men seeking support. The deadline for applications is **13 October 2017**. [How to apply...](#)

Calderdale Staying Safe Flyer

Have you or a family member been affected by Domestic Abuse? Do you need some support or someone to talk to about the abuse? Calderdale Staying Safe, the Domestic Abuse Support Service has released a flyer that can be downloaded and printed to give the latest information on how to contact them. [Download flyer...](#)

How to support someone with suicidal thoughts

Suicide is when someone purposely ends their own life. People might think about suicide for different reasons. This factsheet from Rethink Mental Illness looks at why someone might think about suicide and how you can help them. [Download factsheet...](#)

Keep up to date! New Staying Well website and newsletter

Our new Staying Well project website can be found online at www.stayingwellhub.com You'll find information about the service and links to what's going on locally and make a referral yourself. [Read more...](#)

Talking Therapies from Insight Healthcare

Calderdale Talking Therapies is part of Insight Healthcare and provide free talking therapy services on behalf of the NHS. The service provides help to people experiencing common difficulties such as: low mood, depression, anxiety, stress, panic, anger, phobias, trauma, bereavement, loss, relationship difficulties and family problems... [more...](#)

Do you know someone who's feeling lonely?

Talk to the Staying Well Hub – call us on **01422 392767**

Local Sports Centres

- [Brighthouse Swimming Pool and Fitness Centre](#) – Tel. 01422 28806
- [Halifax Swimming Pool](#) - Tel. 01422 366624

Employment and Training

16-25 and Looking for Work. Get Into the NHS

The Prince's Trust, NHS and Leeds Teaching Hospitals NHS Trust are running a 4 week course on getting into Business Administration or Clinical Support for 16-25 year olds not in education, employment or training. The training is **Monday 6 November – Friday 1 December** in Leeds but there is a taster session on **Tuesday 10 October**. [Read more...](#)

Latest Jobs

- [Community Warden – Calderdale Council](#)
- [Centrally Tasked Community Warden \(Community Safety\) – Calderdale Council](#)
- [Cleaner – Sure Start Children's Centres](#)
- [Early Year's Practitioner – Sure Start Children's Centres](#)
- [Early Year's Practitioner Plus – Sure Start Children's Centres](#)
- [Family Support Worker – Sure Start Children's Centres](#)
- [Senior Housing & Support Officer – Happy Days UK](#)
- [General Kitchen Assistant – The Greetland Academy](#)
- [Social Worker \(Disabled Children's Team\)](#)
- [Support Assistant \(Special Educational Needs\) – Ash Green Primary School](#)
- [Administrator – Sure Start Children's Centres](#)
- [Higher Level Teaching Assistant – Holywell Green Primary School](#)
- [Communications Manager – WomenCentre](#)
- [Systems Support Worker – WomenCentre](#)
- [Free work support at Beechwood and Mixenden Libraries](#)
- [Part time vacancy at Toyland](#)
- [Temporary Sales Assistant – Card Factory](#)

Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

Lower Valley Neighbourhood Team and Staying Well

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If you know someone who should also receive the Friday Flyer you can **recommend a friend** by emailing us at calderdalelowervalley@gmail.com