



LV Friday Flyer – 5 May 2017

Covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

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The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley.

Information about ward forum meetings and other ways to have your say will also be advertised here. Please click the links for further information on the **Lower Valley Blog**.

We hope you will find this informative and useful. **Let us know what you think!**



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News

Get Involved / Have Your Say

Don't miss out your stall at the Rastrick's Big Fun Day

Rastrick Big Local are holding this year's fun day at Rastrick Cricket club on **Sunday 16 July** between 1pm and 5pm with free fairground rides, free donkey rides free bouncy castle and free face painting with food and music . If you are a charitable organisation and would like a FREE stall than please contact Pauline Eastham... [read more...](#)

Promote the Vote

Pre-election event for people with learning and physical disabilities on **Tuesday 16 May**. Workshop includes 'What issues are important to you?' and 'Know your voting rights'. Refreshments provided... [read more...](#)

Art Works for Health & Wellbeing

This event on **Thursday 15 June** is for health professionals, service users and creative practitioners, to celebrate the power of art and design to transform lives.... [read more...](#)

Calderdale Council Equality Objectives Consultation

Calderdale Council is committed to ensuring that the services we provide are accessible to all and meet different people's needs. Initial conversation with our communities and partners in 2016 indicated that the following objectives supported the needs and priorities

of the people who live and work in Calderdale. We now want to hear what you think about these objectives. Please email your completed questionnaire by **22nd May 2017**... [more...](#)

Yorkshire Air Ambulance – Book a FREE talk

Yorkshire Air Ambulance have recently put together a new presentation about the people we help and the lifesaving emergency service we provide every day across Yorkshire. We can tailor our talks to your groups and they can last for as long or as short as required, on average a talk lasts between 30-50 minutes... [read more...](#)

Help make gardens bloom with VAC

VAC is looking for volunteer gardeners, local horticultural and allotment groups to help deliver an exciting new project working with local residential care homes and Calderdale Royal Hospital. The project called Molly and Bill makes a difference to the lives of people in later life or those that have recently left hospital... [get involved...](#)

Be a part of Project Elland

Do you live or have you worked in Elland or know someone who does or has? Perhaps you have stories about factories, mills, shops or have some old photos of Elland! If so then you could be a part of Project Elland... [get involved...](#)

Volunteer to help preserve Calderdale's countryside

Calderdale Countryside and Woodlands Service is responsible for maintaining and preserving Calderdale's unique landscape and are always looking for volunteers to assist with the work... [volunteer...](#)

Download your Walking with History eTrail Apps

Pennine Horizons have developed Apps for 12 local history walks which can be downloaded to your Smart Phone or Tablet. The Apps contain a variety of media allowing you to explore the area's unique landscape and industrial heritage... [more...](#)

Join the Oddfellows Friendly Society Brighouse Branch

Oddfellows is a non-profit mutual run by members for its members, and do their best to improve the quality of people's lives through friendship, care and support... [more...](#)

Events and what's on

***This weekend!* Heartbeat Spring Fayre at Brighouse Sports Club**

Enjoy family fun at the Spring Fayre with Heartbeat, The Brighouse Heart Support Group with stalls, games and more on **Saturday 6 May 2017** at Brighouse Sports Club... [details...](#)

***This weekend!* The Stainland Spring Fair – 6th May**

Enjoy a variety of stalls and games from church and community as well as free children's activities on **Saturday 6 May** at St Andrew's Church, Stainland... [details...](#)

***This weekend!* International market returns to Halifax next week**

The award winning International Village Market will be returning to Halifax from **Thursday 4 to Sunday 7 May 2017** and over 40 traders from around the globe will set up stalls along Southgate, Corn Market, Russell Street and Woolshops... [details...](#)

***This weekend!* Dementia Friendly Sowerby Bridge – 6th May**

Enjoy speakers, stalls and activities to raise awareness of dementia and the support that is available on **Saturday 6 May** at St. Paul's Methodist Church, Sowerby Bridge... [details...](#)

***This weekend!* 2017 Sowerby Bridge to Todmorden Road Race**

This year's Sowerby Bridge to Todmorden Road Race will take place on **Sunday 7 May 2017**. The entry fee for this year is by a sponsorship system – Each person entering as an individual or part of a team needs to raise a minimum of £10... [details...](#)

B.A.S.H. Local Music Event 2017

Friday 12 May – Saturday 13 May An evening of soul and motown featuring The Sounds of Detroit, compere Gareth Lloyd and amazing table magician Domino. Tickets cost £10 in advance, which includes a pie and pea supper... [read more...](#)

Overgate Hospice Garden Party

On **Sunday 14 May** Overgate Hospice are hosting their annual Garden Party in the Hospice gardens, where there will be stalls, food, drink and entertainment for all the family. There will be a free bus service provided by TJ Walsh from Halifax every hour... [read more...](#)

Step back in time as Brighouse goes back to the 1940s era

Free Entry – Family Fun Weekend on **Saturday 3 and Sunday 4 June**. Come and see what life was like in this significant time in our history as the town centre and shops are transformed. You'll be able to sit in a Spitfire, ride on a vintage bus, bake 40's bread, see Churchill and King George VI, sing-along with George Formby, learn to dance the Lindy Hop or dance the night away with the Ashby Big Band... [find out more...](#)

Fancy a great get together?

On 17-18 June, get together with your neighbours and be part of a national celebration of what we have in common. There are lots of ways to be involved in the Great Get Together. In partnership with The Big Lunch, there is a FREE pack to help you get started... [more...](#)

Pick up your Calderdale Events and Festivals guide

Visitors to Calderdale this spring and summer can now start to plan their trip, with the Calderdale Events and Festivals guide crammed with upcoming events... [what's on...](#)

What's on at Square Chapel – 2017 Summer Brochure

There's a lot to enjoy with family shows, comedy, music, movies and much more on offer at Square Chapel, so why not take a look at the summer 2017 Brochure... [what's on?..](#)

Children & Young People

Pre-School Gymnastics Classes

Thursdays at Southgate Methodist Church, Elland. Classes are suitable for Babies 8 weeks

old and above and Children 2+ yrs and 3+ yrs... [read more...](#)

Jam Packed Summer

Jam Packed Summer is a summer sports scheme for young disabled people aged 8 – 19 years from Monday 24 July to Friday 18 August. Enjoy a wide variety of disability specific and adapted mainstream sport and leisure activities, delivered by qualified sports coaches and support staff... [read more...](#)

A youth club at the heart of the Brighthouse community

Brighthouse Youth Club is open to young people and offers a wide range of activities including baking, sports, computers, arts & crafts, musical instruments and more... [more...](#)

Join the Orangebox Streetdance Crew for ages 11-16

Be part of this amazing streetdance crew: OB Fusion. Learn break dance, popping, locking, tutting, krump and much more. Every Monday (term time)... [details...](#)

Local Cinemas and Theatres

[Vue Halifax](#) – [The Rex Cinema](#) - [Hebden Bridge Picture House](#) – [The Victoria Theatre Square Chapel Centre for the Arts](#) – [Halifax Playhouse](#) – [King Cross Library Film Club](#)

Health and Staying Well

HEARTBEAT Brighthouse – Latest Newsletter!

The latest Heartbeat newsletter is packed with information on events, walks, classes and more. Whether you want to try Tai Chi, enjoy a social evening or join a lunch club there's something for everyone... [read it here...](#)

NEW! Diabetes Support Group in Elland!

Go along and join the Diabetes Support Group and exercise class started by CREW Heart Support in Elland where you can discuss different topics around your diabetes and try a different style of exercise each week. **Every Wednesday** at Elland Golf Club... [details...](#)

Verdegris Free Creative Sessions

FREE uplifting and inspiring creative sessions for people with dementia and memory problems, with a focus on the wonderful things we can do now, rather than the things we feel we may have left behind. Every Tuesday at Hebden Bridge Town Hall... [read more...](#)

Volunteers needed for adult fitness sessions

Disability Support Calderdale are looking for volunteers to help with fitness sessions that we are running in Elland. Exercise will be very basic (hand and feet movements) due to people's abilities and volunteers must have an interest in fitness... [volunteer...](#)

Wednesday Bereavement Support and Social Group

The Wednesday Bereavement Support and Social Group meet on the **first Wednesday of the month** at the Canon Winter Centre, Elland from 2pm to 4 pm... [get involved...](#)

Keep active with Heartbeat, The Brighthouse Heart Support Group

Heartbeat is a registered charity based in Brighthouse and run by volunteers who provide Exercise and Tai Chi classes, social events and walks... [get involved...](#)

Ladies Gentle Exercise Class at Southgate Church Hall

The Ladies Gentle Exercise Class costs just £3 and is suitable for all levels so get involved and enjoy fun routines to music & all over body-toning exercises every **Tuesday**... [details...](#)

Men's Exercise Circuit at Southgate Church Hall

The Men's Exercise Circuit costs just £3 and is suitable for all levels, especially those recovering from injury, surgery or illness including Cancer. **Every Thursday**... [details...](#)

Ladies keep Fit & Dance Class

Fitness & dance class suitable for all levels including beginners and just £3 per session. **Tuesdays** at Southgate Methodist Church... [details...](#)

Low impact strengthening exercises for active seniors

Get involved with LS Fitness Elland and take part in low impact strengthening exercises for active seniors at just £3.50 per session with the first session FREE... [get involved...](#)

Do you know someone who's feeling lonely?

Talk to the Staying Well Hub – call us on 01422 392767

Local Sports Centres

- [Brighthouse Swimming Pool and Fitness Centre](#) – Tel. 01422 28806
- [Halifax Swimming Pool](#) - Tel. 01422 366624

Employment and Training

Starting Line Employment Service for disabled customers

Starting Line is an employment service which supports disabled people of working age living in Calderdale to find, apply for and keep a job. This service is tailored to the individual and each customer is supported by a specialist Employment Advisor... [details...](#)

Smart Meters training for frontline workers

Citizens Advice Calderdale is available to provide training to front line workers on this process and the potential impact smart meters will have on energy switching. Should you be interested in this training then [read more...](#)

Careers Centre offers information and support for all ages

Calderdale & Kirklees Careers Centre offers services for people of all ages including help finding a job, apprenticeship or preparing CVs and more... [details...](#)

First Aid and Food Safety Courses with Jill Webb Training

Throughout 2017 Jill Webb Training will be running training sessions covering Emergency First Aid at Work, Paediatric First Aid, Food Safety and First Aid at work... [details...](#)

Talent Match in Calderdale for 18 to 24 year olds

The aim of the Talent Match Project is to engage with young people aged 18-24 who are long term unemployed and who require intensive support and coaching through a Key Worker approach in order to access a flexible and responsive pathway... [read more...](#)

Work Club at Elland Children's Centre

FREE support **every Monday** for families & young people looking for work, training, volunteer opportunities, apprenticeships and more at Elland Children's Centre... [details...](#)

Jobs and Volunteering

Volunteering, is it for you?

Bored? Need a new challenge? Meet new people – Gain work experience – Increase your confidence. This session at Elland Children's Centre on **Wednesday 14th June** will provide you with all the information you need about becoming a volunteer with North Halifax Partnership Sure Start Children's Centres... [read more...](#)

Volunteering opportunities with Forget Me Not Children's Hospice

There are various volunteering opportunities available at a number of Forget Me Not Shops throughout Calderdale & Kirklees. All forget me not volunteers are encouraged to attend training and volunteer meetings whenever possible... [volunteer...](#)

Latest Jobs

- **Current Vacancies – Calderdale College**
- **Music Teacher – Trinity Academy**
- **Finance Manager – Square Chapel**
- **Administrator: Town Hall, Hebden Bridge**
- **Facilities Coordinator – Town Hall, Hebden Bridge**

Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

Lower Valley Neighbourhood Team and Staying Well

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Your email was collected by us at a Ward Forum meeting or through our Staying Well or Elland Our Place contacts. We will never share your email.

If you know someone who should also receive the Friday Flyer you can **recommend a friend** by emailing us at calderdalelowervalley@gmail.com