



LV Friday Flyer – 15 April 2016

Covering the wards of Brighouse, Elland, Greetland and Stainland, Hipperholme & Lightcliffe and Rastrick

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The **Friday Flyer** is a weekly round-up of news and what's on in the Lower Valley.

Information about ward forum meetings and other ways to have your say will also be advertised here. Please click the links for further information on the **Lower Valley Blog**.

We hope you will find this informative and useful. **Let us know what you think!**



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News

Community Grants Panel Ballot Results

The Small Grants Panel Ballot has taken place and a warm welcome to the new Panel representatives. The next deadline for Small Grants (up to £3000) and Community Festival & Events Fund (up to £5000) is **Tuesday 3 May 2016**... [more...](#)

Age UK Calderdale and Kirklees Holiday Fund – Grants available

Age UK have a limited fund to grant to older people to go on holiday who otherwise may not be able to afford it. The fund, made available by the Community Foundation for Calderdale, is now open and grants must be used by the end of the year... [further information...](#)

Ward Forums

- [Rastrick Ward forum – 18 April](#)
- [Greetland and Stainland Ward forum – 21 April](#)

Get Involved / Have Your Say

This weekend! Would a Neighbourhood Plan be a good thing for Elland?

You are invited to a Community Walkabout in Elland on **Saturday 9 April 2016** – 10.30am Start and finish at Southgate Methodist church... [further information...](#)

Give walking a go and pledge to Try20 next month

Next month is National Walking Month. Living Streets is asking the nation to give walking a go and pledge to #Try20. They're challenging you to see if you can walk 20 minutes every day throughout the month. There are easy ways to fit walking into your day... [get involved...](#)

Parent Carers Support Grants available

The Council, the Calderdale Clinical Commissioning Group and other partners are working to improve children and young people's emotional wellbeing and Support Grants from £5,000 to £20,000 are available to apply for... [apply today...](#)

FREE taster sessions for ladies wanting to play golf in Elland

If you're a lady interested in taking up golf you may want to take advantage of FREE taster sessions being offered on **Thursday 21 of April** at Elland Golf Club... [details...](#)

Complete a survey for a chance to win a £50 M&S Voucher

Contribute to the biggest single report on what it is like to live as a family of a child with disabilities or additional needs in Calderdale... [have your say...](#)

FREE IT support with Silver Surfers at Hamerton Close

Get all the online skills you need with free and easy courses with Silver Surfers at Hamerton Close and receive step by step support every Wednesday... [details...](#)

Minibus Day Trips with Community Transport Calderdale

Enjoy days out with Community Transport Calderdale including shopping, theatre and a flower show from March to December 2016... [details...](#)

Winter Wedding Venue Special Offer

Between 1 October 2016 and 28 February 2017, Clay House is available for hire for your perfect wedding day or civil ceremony at a special rate. Includes room and kitchen hire, preparation time, bar service with 10% discount and more... [details...](#)

The Greetland Academy Evening Classes – April/May 2016

Confirmed evening Ukulele and Latin Dance classes at Greetland Academy starting in April for 7 weeks on **Wednesday evenings** and **Thursday evenings**... [details & booking...](#)

Get creative with Lead the Way

Creative sessions for adults with a learning disability & carers of adults with a learning disability to go along and make new friends, have fun making things together and try out new instruments - Just £2.50 per session including refreshments... [get involved...](#)

Creative Stitchers and Crafty Dabblers

Creative Stitchers and Crafty Dabblers meet in Stainland Library for a day of craft or stitching every Monday with tea, coffee and biscuits provided... [details...](#)

Donate to the Elland Food & Support Drop In

Support the people of Elland and District by donating food and none food items to the Elland Food & Support Drop In from Monday to Thursday at Compass Bridge... [read more...](#)

Sports Pitches available for Community Use

The Greetland Academy's sports fields have undergone extensive works to re-level the school sports field creating two full size newly sown sports pitches available... [details...](#)

Hire space from Elland Cartwheel Youth & Community Centre

Elland Cartwheel Youth & Community Centre have spaces available to hire for community groups and anyone who is holding events such as a meeting or training... [details...](#)

Volunteer Cook Required at Weekend Care

Weekend Care is looking for a volunteer cook to help out a cheerful team with the cooking rota. Ideal for a college placement, but full training will be... [volunteer...](#)

Events and what's on

***This weekend!* Halifax Art & Photography Festival 2016**

The Halifax Art and Photography Festival on **Saturday 16 April** will see a variety of activity across Halifax Town Centre including plenty of FREE things to be involved in... [details...](#)

Celebrate the work of Calderdale & Kirklees Women Centre

Celebrate the importance of hearing the voices of women and acknowledging the role that women have played across the whole of society together with readings, hymns and music by the Elland Silver Youth Band on **Sunday 24 April** at Halifax Minster... [details...](#)

Take a walk on the Wildside – New programme available now

The latest edition of Wildside programme produced by Calderdale Council is now available in local tourist information centres, libraries and sports centres. Packed full of walks, events and more be sure to pick up a copy and see if there's anything for you... [get involved...](#)

What's on at Square Chapel, Halifax – 2016 brochure now available

Starting with 'Treasure Island' this Saturday and ending with 'Becoming Hattie' on Thursday 31 March, there's a feast of entertainment lined up at Square Chapel... [what's on...](#)

Sing out loud sessions at Hamerton Close

Improve your confidence, mood and wellbeing with sing out loud sessions including social time over a cup of tea or coffee at Hamerton Close in February and March... [details...](#)

Coffee at Cross Hills!

Cross Hills Methodist Church has started a coffee morning held every Thursday in the church, 10am – 12noon. Come along and see what's going on... [get involved...](#)

Dinner 'n' Dance with the Greetland Goldstars

Night of entertainment with Pete Emmett, includes 3 course meal, disco, raffle, auction and a chance to win a signed shirt from Wayne Rooney on **Saturday 14 May...** [details...](#)

Overgate Garden Party 2016

Enjoy music, stalls, food & drink at the 2016 Overgate Garden Party with Overgate Hospice for just £1 or FREE for children under 15 on **Sunday 15 May...** [details...](#)

Join the Stainland Ukulele Group

The Stainland Ukulele Group are looking for more players and singers so if you already know a few chords and can strum along or just want to sing along then get involved... [details...](#)

Local Cinemas and Theatres

[Vue Halifax](#) – [The Rex Cinema](#) - [Hebden Bridge Picture House](#) – [The Victoria Theatre](#)
[Square Chapel Centre for the Arts](#) – [Halifax Playhouse](#) – [King Cross Library Film Club](#)

Children & Young People

Mrs Molly's Story Time at St Patricks Church Hall

Mrs Molly's Story Time is a great opportunity for pre-school children to participate, interact and have fun hearing and telling stories **every Monday and Tuesday...** [details...](#)

Have a Jungle Adventure at Eureka

Take an expedition into the Eureka! Jungle and take part in interactive story sessions, dress up as your favourite wild animals and have a go at creating your own jungle soundtrack and more until **Sunday 17 April...** [details...](#)

The fairandfunky Fairtrade Conference for Schools; 'Stand Up For Farmers'

Bookings for the fairandfunky Fairtrade Conference for Schools; 'Stand Up For Farmers!' are now open. Taking place on **Friday 13 May** 'Stand Up For Farmers' brings together Primary Schools from across Calderdale to celebrate World Fairtrade Day... [get involved...](#)

Play Disability Football with Greetland Goldstars FC – age 7+

If you or someone you know has a disability and want to try something new, learn new skills, get fitter and meet new people then this activity may be just for you... [details...](#)

Bright Sparks for young people aged 8 to 12 years

For just 20p, young people aged 8 to 12 can enjoy arts & crafts, traditional board games, playing pool as well as planned trips out and much more. **Every Monday...** [get involved...](#)

Young People's Patient Experience Survey

Are you aged 10 – 24 and living in Calderdale? The PRG Support Project wants you to think about your GP Surgery; how do you feel about it or is there anything you would change about the way you receive care and treatment... [have your say...](#)

Grow your future: Support for young people aged 16 – 24

Are you aged 16 to 24, living in Calderdale, looking for a job and would you like to gain skills, experience and a chance of employment? Grow you future is designed to provide apprenticeships and work opportunities for young people in Calderdale... [get involved...](#)

February to Easter activities in Calderdale

Get out on your bike, Hunt for mini beasts, fossils and more with the February to Easter 2016 edition of Calderdale 'Do Something'... [take a look whats on...](#)

Baby Group at Wellholme Park Children's Centre

Baby Group for parents and carers with children aged 0 – walkers. **Every Thursday** at Wellholme Park Children's Centre... [details...](#)

Term time places at Elland Children's Centre

Elland Children's Centre has availability for children aged 0-5 years which include 15hrs FREE education places for 2 year olds, 3 years olds and 4 year olds... [details...](#)

Fun Swims at Brighouse Pool

A wild and wacky time at Brighouse Pool for children 14 years and under, with giant floats available. [Days and times information...](#)

Health and Staying Well

Do you know someone who's feeling lonely? Talk to us at the Elland Hub – call us on 01422 392707, or make a referral online, [click here...](#)

Head Space with Healthy Minds in Elland

Healthy Minds is a small local mental health charity that understand the problems people face on a day to day basis and will run at Croft House Community room, Elland on **wednesday's 20 and 27 April** from 1pm to 3pm... [details...](#)

Dying Matters – FREE event with Overgate and Calderdale Dying Matters

Join Overgate and the Calderdale Dying Matters Partnership on **Saturday 7 May** for a FREE event to discuss death, dying and bereavement with a view to embrace life... [details...](#)

Voluntary Action Calderdale March 2016 Health News

Each month Voluntary Action Calderdale will be putting together a brief round-up of news and events in health. The aim of the newsletter is to help you keep up-to-date with information and developments in health... [read a copy today...](#)

Changes to hospital services consultation

Have your say on the proposed changes to hospital services and further improvements to community services in Calderdale in a series of drop-in information sessions... [get involved...](#)

Get involved and Take a Moment – Stroke awareness

Through March and April 2016, the Stroke Association are raising awareness of the link between high blood pressure and stroke. Order a free information pack... [read more...](#)

Drawing for Relaxation from next week

Join in with a drawing group in a friendly and relaxing atmosphere... [get involved...](#)

Feedback wanted on the quality of care in care homes

On Tuesday 29 March 2016, CQC launched a campaign to encourage older people and their loved ones to give feedback about the quality of care they have received... [have your say...](#)

Sleeping 'Thru' Time... Nostalgia group at Hamerton Close

Go along and join a new monthly group to take a trip down memory lane to see where it leads you at Hamerton Close... [get involved...](#)

Have your say on proposed changes to hospital services

A public consultation started on Tuesday 15 March on proposed changes to hospital services and further improvements to community services in Calderdale and Greater Huddersfield and will run until midnight on Tuesday 21 June 2016... [have your say...](#)

Get active with Age UK – Tai Chi Exercise Classes

These gentle Tai Chi exercise classes are delivered by a qualified tutor, who provides a flexible program of exercise to meet individual needs **every Friday**... [details...](#)

Get creative at the Healthy Minds art & wellbeing group

Informal, relaxed sessions usually take place the last Wednesday of the month for anyone who would like to take time out to be creative, & meet new people... [get involved...](#)

Anxiety Management Workshop with Insight Healthcare

If you are over 18 years old and are registered with a GP in Calderdale then you are able to access this workshop to help you understand how stress and anxiety may be triggered and how you can cope when you experience anxiety... [get involved...](#)

Get active with Tai Chi in Elland

Get active with a new Tai Chi class at Elland Golf Club – Relax in the peaceful club house lounge overlooking the course and its vista of trees and well-kept fairways and stay in the clubhouse for some lunch or a coffee after... [get involved...](#)

Low impact strengthening exercises for active seniors

Get involved with LS Fitness Elland and take part in low impact strengthening exercises for active seniors at just £3.50 per session with the first session FREE... [get involved...](#)

Relaxation and Stress Management Group in Brighouse

Relaxation and Stress Management Group to show you tools and techniques in order to help manage life's challenges every **2nd and 4th Monday of the month**... [details...](#)

Postnatal Group at Holywell Green Children's Centre

Every Monday at Holywell Green Children's Centre. Topics include Looking after yourself, Immunisations, Accident prevention, Introduction to baby massage, Weaning... [read more...](#)

Healthy Minds Support Groups in Lower Valley

Healthy Minds Support Groups are for anyone who experiences mental distress and are FREE, including Wellbeing for Women at Brighouse Library... [Read more...](#)

Local Sports Centres

- [Brighouse Swimming Pool and Fitness Centre](#) – Tel. 01422 28806
- [Halifax Swimming Pool](#) - Tel. 01422 366624

Employment and Training

Start Your Own Business' Drop in Sessions – April 2016

Check out the FREE monthly drop in sessions run by Eric from Calderdale Council's Business Support Team... [details...](#)

Get online at Home – Digital Inclusion with Age UK

Being online comes with a number of benefits including, online shopping, staying in touch with loved ones and much more... [details...](#)

Strategic Planning for a Healthy Future – VAC Training

Health care in Calderdale is entering a new, challenging era. If your organisation wants to be part of it, you need to start planning. Get involved on **Thursday 21 April** at Todmorden Health Centre... [details and booking...](#)

New Engagement Champions Training Dates – May 2016

Engagement Champions Training sessions will take place on 3,10,17 and 24 May at Voluntary Action Calderdale, Halifax... [details and booking...](#)

Are you interested in training to become a teacher?

The Greetland Academy are looking for graduates for its 1 year primary and secondary teacher training programme in Calderdale... [details...](#)

Work Club at Elland Children's Centre

FREE support **every Monday** for families & young people looking for work, training, volunteer opportunities, apprenticeships and more at Elland Children's Centre... [details...](#)

Work & Apprenticeship Club for young people

Begin to feel full with motivation and confidence about your career goals with a new Work & Apprenticeship Club for young people at Orangebox on **Tuesdays** and **Fridays**... [more...](#)

Take Me On Job Club with C&K Careers

The take me on job club with C&K Careers for 16 to 19 years; includes small group work sessions, interview practice and more **every Wednesday**... [details...](#)

Latest Jobs

- [YR09 Vetting Officer – West Yorkshire Police](#)
- [Female Support Worker Required – Part time job vacancy](#)

Friday Flyer - Contact Us:

- ★ **Recommend a friend** to get the Friday Flyer
- ★ **Publicise an event** in the Friday Flyer
- ★ **Advertise** your service or community group

Lower Valley Neighbourhood Team and Staying Well

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If you know someone who should also receive the Friday Flyer you can **[recommend a friend](#)** by emailing us at calderdalelowervalley@gmail.com